

CURRICULUM VITAE

Stephanie Chadsey Zanowski PhD

Director, Associate Professor
Department of Surgery
Division of Transplant Surgery

OFFICE ADDRESS:

Hub for Collaborative Medicine
8701 Watertown Plank Road
Milwaukee, WI 53226

EDUCATION:

08/1991 - 01/1992 Spanish history, linguistics, and literature, University of Madrid
05/1993 Summa Cum Laude Bachelor of Arts, Psychology/Spanish, Gustavus Adolphus College, St. Peter, MN
08/2005 Master of Arts, Clinical Psychology, Cardinal Stritch University, Milwaukee, WI
05/2009 Doctor of Philosophy, Marquette University, Milwaukee, WI

POSTGRADUATE TRAINING AND FELLOWSHIP APPOINTMENTS:

07/2009 - 04/2011 Licensed Professional Counselor/Post-Doctoral Fellow in Psychology, Department of Plastic Surgery, Medical College of Wisconsin, Milwaukee, WI

FACULTY APPOINTMENTS:

04/01/2011 - 07/07/2013 Instructor, Department of Plastic Surgery, Medical College of Wisconsin, 9200 W. Wisconsin Ave, Milwaukee, WI 53226
07/08/2013 - Present Assistant Professor, Surgery, Transplant Surgery, Medical College of Wisconsin, 9200 W. Wisconsin Ave, Milwaukee, WI 53226

ADMINISTRATIVE APPOINTMENTS:

12/01/2015 - Present Director, Transplantation Mental Health, Solid Organ Transplantation Service Line; a Joint Program of The Medical College of Wisconsin, Froedtert Health, Children's Hospital of Wisconsin, and BloodCenter of Wisconsin, 9200 W. Wisconsin Ave, Milwaukee, WI 53226

EDUCATIONAL ADMINISTRATIVE APPOINTMENTS:

12/2016 - Present Core Faculty, Supervisor of Transplant Psychology Rotation, Health Psychology Residency Program, Froedtert and the Medical College of Wisconsin, 9200 W Wisconsin Ave, Milwaukee, WI 53226

HOSPITAL STAFF PRIVILEGES:

11/2011 - Present Froedtert Memorial Lutheran Hospital, 9200 W. Wisconsin Ave, Milwaukee, WI 53226
12/2011 - 2014 Community Memorial Hospital, W180N8085 Town Hall Rd, Menomonee Falls, WI 53051
10/2013 - Present Children's Hospital of WI, 9000 W. Wisconsin Ave, Milwaukee, WI 53226

SPECIALTY BOARDS AND CERTIFICATION:

<u>Board Certified</u>	<u>Issue Date</u>	<u>Expiration</u>
National Register for Health Service Providers in Psychology	09/01/2011	None

<u>Licensure</u>	<u>Number</u>	<u>Issue Date</u>	<u>Expiration</u>
Licensed Psychologist, Wisconsin	2925-57	02/2011	None

MEMBERSHIPS IN HONORARY AND PROFESSIONAL SOCIETIES:

American Society of Transplant Surgeons (Associate Member)
 American Psychological Association (Member of APA Division 56, Trauma Psychology)
 Wisconsin Psychological Association (Member)
 National Psychology Honor Society, Psi Chi (Member)
 Phi Beta Kappa (Member)
 American Psychological Association (Member of APA Division 36, Psychology of Religion)

EDITORSHIPS/EDITORIAL BOARDS/JOURNAL REVIEWS:

Journal Review
 05/2012 Journal of Clinical Psychology

LOCAL/REGIONAL APPOINTED LEADERSHIP AND COMMITTEE POSITIONS:

01/2010 - Present Member, Annual Student Research Award Selection Committee, Wisconsin Psychological Association

RESEARCH GRANTS/AWARDS/CONTRACTS/PROJECTS:

Active

Peer Review

Title:	Implementation of the Depression and Anxiety Guidelines: Award for A Mental Health Coordinator
Source:	Cystic Fibrosis Foundation
Role:	Co-Investigator
PI:	Julie Biller, MD
Dates:	01/01/2016 - 12/31/2018

INVITED LECTURES/WORKSHOPS/PRESENTATIONS:

Local

Zanowski, S.C., Etiology of and Empirically Supported Treatment of Posttraumatic Stress Disorder, Department of Psychology, Marquette University, Milwaukee, WI, 04/2007
 Zanowski, S.C., Assessment of Spiritual/Religious Coping, Department of Psychology, Marquette University, Milwaukee, WI, 11/2007
 Zanowski, S.C., Spiritual Coping, Distress, and Symptoms of Posttraumatic Stress Disorder Following Traumatic Injury, Palliative Care Journal Club, Froedtert Hospital Cancer Center, Milwaukee, WI, 08/2009
 Zanowski, S.C., Careers in Clinical Psychology, Master of Arts in Clinical Psychology program, Cardinal Stritch University, Milwaukee, WI, 03/2010
 Zanowski, S.C., Differential Diagnosis of Dementia and Depression, Occupational Therapy Program, University of Wisconsin-Milwaukee, 10/2010
 Zanowski, S.C., Coping Style, Severity of Injury, and Posttraumatic Stress, Grand Rounds, Department of Plastic Surgery, Medical College of Wisconsin, Milwaukee, WI, 2010
 Zanowski, S.C., Assessment and Management of Suicide Risk in an Outpatient Rehabilitation Setting, Employee Workshop, Department of Physical Medicine and Rehabilitation, Community Memorial Hospital, Menomonee Falls, WI, 08/2012
 Zanowski, S.C., How Do Patients Cope with Traumatic Injury? The Role of Spiritual/Religious Coping, Grand Rounds, Department of Plastic Surgery, Medical College of Wisconsin, Milwaukee, WI, 09/2012
 Kruper, A & Zanowski, S.C., Psychosocial Assessment and Treatment in Solid Organ Transplantation, Solid Organ Transplant Center Presentation, Medical College of WI/FMLH, 02/2014

Zanowski, S.C., Let's Talk About Sex: Discussing Sexual Health with Your Patients, WI International Transplant Nurses Society (ITNS) Symposium, Medical College of WI/FMLH, 10/2014
Zanowski, S.C., Healthy Relationships Post-Transplant, FMLH Lung Transplant Support Group, FMLH/Cancer Center, 01/2015
Zanowski, Stephanie C & Kruper, Abbey, Psychosocial Assessment & Treatment in Solid Organ Transplantation: An Overview, Transplant Resident Meeting, Medical College of WI, 05/2015
Zanowski, S.C., Patient-Centered Care Begins with Better Communication, Vascular Access Symposium, Medical College of Wisconsin, 10/2015
Zanowski, S.C., Psychological Adjustment Post-Transplant, FMLH Lung Transplant Support Group, FMLH Cancer Center, 05/2017

Regional

Zanowski, S.C., Spiritual Coping Following Traumatic Injury, North American Society for Psychotherapy Research Midwestern Regional Conference, Milwaukee, WI, 2009
Zanowski, S.C. & Grunert, B.K., Return to Work Issues for Patients Diagnosed with PTSD, Wisconsin Psychological Association Annual Convention, Madison, WI, 03/2011

PEER REVIEWED WORKSHOPS/PRESENTATIONS:

Regional

Zanowski, Stephanie C., Stress, Spiritual Well-Being, and Anxiety, Midwestern Psychological Association Conference, Chicago, IL, 2007
Zanowski, Stephanie C., Coping Style, Perceived Severity of Injury, and Posttraumatic Stress Symptoms, Wisconsin Psychological Association Annual Convention, Madison, WI, 03/2010
Zanowski, S.C., Liver Transplantation for Severe Alcoholic Hepatitis, Division of Transplant Surgery Solid Organ Transplantation Research Symposium, Medical College of Wisconsin, 10/05/2016

National

Zanowski, Stephanie C., Variability in Religious Coping Following Traumatic Hand Injury, American Psychological Association Annual Convention, San Diego, CA, 08/2010
Kim J., Kruper A.R., Zanowski S.C., Saeian K., Zimmerman, M.A., Hong, J.C., Liver Transplantation for Severe Alcoholic Hepatitis: A Single-Center Experience of a Pilot Transplantation Mental Health Program, American Association for the Study of Liver Diseases Emerging Trends Conference, Miami, FL, 01/22/2016 - 01/23/2016

MEDICAL COLLEGE TEACHING ACTIVITIES:

Resident and Fellow Education

05/15/2015 - Present Bimonthly teaching for Transplant Surgery Resident Meeting

EXTRAMURAL TEACHING:

Resident and Fellow Education

08/10/2017 Froedtert & Medical College of Wisconsin, Health Psychology Residency Didactics, Biopsychosocial Assessment: Assessment of Health Behavior and Habits.

Graduate Student Education

2005 - 2006 Cardinal Stritch University, Guest lecturer, Statistical Methods for Psychology
2010 - 2011 Cardinal Stritch University, Adjunct Faculty, Master of Arts in Clinical Psychology program

MCW STUDENTS, FACULTY, RESIDENTS AND CLINICAL/RESEARCH FELLOWS MENTORED:

Clinical/Research Fellows

Alma Grewal, MD, Medical College of Wisconsin, 2010 - 2011 Clinical Mentor

Residents

Tonnette Alcide, MA, Medical College of Wisconsin, 07/2017 - Present

**EXTRAMURAL STUDENTS, FACULTY, RESIDENTS, AND CLINICAL/RESEARCH FELLOWS
MENTORED:**

Graduate Students

MA Students Advised

Victoria Wu, Cardinal Stritch University, 09/01/2010 - 07/31/2011 Attitudes Toward Intimate Partner Violence as Perceived by Relatives and Friends

Marietta Wojtecka, Cardinal Stritch University, 09/01/2010 - 08/31/2011 Predicting Anxiety and Insomnia Symptoms in International Students

PhD

Cody Carson, Marquette University, 09/01/2010 - 05/30/2011

COMMUNITY SERVICE ACTIVITIES:

1989 - 1991 Volunteer Counselor, Reception Line, Gustavus Adolphus College, St. Peter, MN. Completed active-listening training. Responded to personal crisis hotline calls.

1991 - 1992 Volunteer Counselor, Helpline, Madrid, Spain. Completed and assisted in active-listening training. Responded to personal crisis hotline calls.

1992 - Present Volunteer Care Worker, Penfield Children's Center, Milwaukee, WI. Worked with developmentally disabled children, ages birth-3 years, in classroom activities and playgroups.

1993 - Present Child Group Facilitator, Nurturing Program, La Causa Family Center, Milwaukee, WI. Held informal weekly sessions with children, ages 3-9 years. Prepared and developed additional program materials. Communicated weekly with parents and children regarding progress. Addressed specific needs/concerns expressed by family members.

1996 - 1998 Volunteer Counselor, Hugh O'Brian Youth Leadership (HOBY), South Florida. Organized and implemented leadership retreats for high school students. Supervised the activities of the HOBY Alumni organization of South Florida.

1997 - 1998 Volunteer Counselor, Sexual Assault Response Team, University of Miami, Miami, FL. Completed University of Miami Counseling Center's training for response to sexual assault crisis calls. Responded to sexual assault crisis hotline calls.

ADDITIONAL CLINICAL EXPERIENCE:

09/2004 - 05/2005 Master's Practicum Student, Hand Center, Froedtert Memorial Hospital and The Medical College of Wisconsin. Completed assessments of clients referred to the clinic for psychological evaluation and testing. Created and provided to referral source a comprehensive written report of each client's assessment, including diagnosis and recommendations addressing referral questions. Provided ongoing individual psychotherapy for 3-4 clients/week. Attended Dr. Brad Grunert's therapy sessions to both observe and participate in the psychotherapy process.

06/2005 - 05/2008 Therapist/Doctoral Practicum Student, Hand Center, Froedtert Memorial Hospital and The Medical College of Wisconsin. Provided ongoing individual psychotherapy for 4-6 clients/week. Attended Dr. Brad Grunert's therapy sessions to both observe and actively participate in the psychotherapy process. Completed assessments of clients referred for psychological evaluation and testing. Provided interpretation of test results and comprehensive written reports based on results of evaluations. Provided supervision for master's level practicum students.

07/2006 - 05/2007 Doctoral Practicum Student, Adult Neuropsychology Clinic, Froedtert Memorial Hospital and The Medical College of Wisconsin. Participated in extensive, ongoing training for administration and interpretation of neuropsychological tests. Completed comprehensive assessments for clients referred to the clinic for neuropsychological evaluation. Additional duties included scoring tests, creating templates of test results, interpreting test results, and writing reports. Participated in neuropsychological assessments of inpatients. Attended weekly case conferences and grand rounds.

08/2006 - 05/2008 Therapist/Doctoral Practicum Student, Center for Psychological Services, Marquette University, Milwaukee, WI. Conducted intakes and provided ongoing individual psychotherapy for adult and adolescent clients. Completed assessments for adult and adolescent clients referred to the clinic for psychological evaluation and testing. Created comprehensive written reports based on results of psychological evaluation. Provided peer supervision for first-, second- and third-year doctoral

students in Marquette's Clinical Psychology program.

09/2007 - 05/2008 Doctoral Practicum Student, Clement J. Zablocki VA Medical Center, Milwaukee, WI.

Provided individual psychotherapy to veterans and co-facilitate group therapy in the domiciliary Rehabilitation and Transition Unit (RTU) program. Participated in team treatment planning and team consultation in providing residential psychosocial rehabilitation treatment to veterans with psychiatric and substance abuse problems.

05/2008 - 06/2009 Doctoral Intern, Department of Plastic Surgery, Froedtert Memorial Hospital and The

Medical College of Wisconsin. Performed psychological assessment and provide ongoing individual psychotherapy for patients referred from the Hand Center and Department of Orthopaedic Surgery.

Coordinated care with physicians, nurses, and physical therapists, to optimize patients' physical and psychological rehabilitation following traumatic injury, including return to work following a work-related injury. Performed psychological assessment and provide individual psychotherapy for breast cancer patients following mastectomy and reconstructive surgeries. When appropriate, psychological treatment included pain management, biofeedback, and relaxation. Conducted comprehensive assessments of clients referred for psychological evaluation and testing. Provided interpretation of test results and comprehensive written reports based on results of evaluations. Provided supervision for master's level practicum students.

05/2008 - 05/2009 Doctoral Intern, Division of Neoplastic Diseases and Related Disorders, Froedtert

Memorial Hospital and The Medical College of Wisconsin. Perform psychological evaluations and provide individual psychotherapy for inpatients as a member of the interdisciplinary Palliative Care consultation team, typically addressing complex pain and symptom management, family systems issues, and end-of-life concerns. Provide weekly individual psychotherapy for patients in the Palliative Care outpatient clinic. Perform psychological assessments and provide psychological treatment for inpatients and outpatients diagnosed with cancer and related disorders. Participate in daily inpatient rounds, weekly case conferences, and Palliative Care journal club.

CLINICAL INTERESTS/EXPERTISE:

Primary areas of interest/expertise: Health Psychology, Rehabilitation Psychology, Coping with Chronic Illness/Pain, Transplant Care, Posttraumatic Stress Disorder, Anxiety Disorders, Depression, Adjustment Disorders, Psychology and Religion/Spirituality (Religious and Spiritual Coping), Palliative Care.

RELATED WORK EXPERIENCE:

1993 Bilingual Family Counselor/Case Manager, Adolescent Pregnancy Prevention Program, Council for the Spanish Speaking, Milwaukee, WI. Conducted individual case assessments and family counseling. Developed case management plans for families. Held pregnancy prevention classes for adolescents and parents. Prepared and developed additional program materials.

1997 - 1999 Advisor, Office of Financial Assistance Services, University of Miami, Coral Gables, FL.

Provided financial counseling for undergraduate and graduate students. Assisted students and their families in meeting the costs of attending the university. Reviewed individual student files to determine eligibility for federal, state, and university aid. Created financial aid packages based on financial need and individual merit. Served as liaison between the Office of Financial Assistance Services and both the Athletic Department and the Graduate School of Business.

RESEARCH INTERESTS/EXPERIENCE:

Master's research examined spirituality as a moderator of the experience of anxiety in the face of stress.

Doctoral dissertation research examined the relationships among spiritual coping, level of psychological distress, and severity of PTSD symptoms following traumatic injury.

Primary areas of interest: Psychological Adjustment to Chronic Illness; Spirituality and Post-Trauma Coping

BIBLIOGRAPHY

Refereed Journal Publications/Original Papers

1. Kruper, A & Zanowski, S.C. Parental Live Liver Donation: Psychosocial Considerations in the Decision to Donate. *Current Opinion in Organ Transplantation*, 2015
2. Zimmerman MA, Selim M, Kim J, Regner K, Saeian K, Zanowski S, Martin A, Connolly LA, Lauer KK, Woehlck HJ, Hong JC. Outcome analysis of continuous intraoperative renal replacement therapy in the

- highest acuity liver transplant recipients: A single-center experience. *Surgery*. 2017 May;161(5):1279-1286.
3. Zanoski SC, Price JS, Selim MA, Schumann V, Durazo F, Hong JC. Effect of an Integrated Transplantation Mental Health Program on Alcohol Relapse After Liver Transplantation for Severe Alcoholic Hepatitis: A Single-Center Prospective Study. *Transplant Proc*. 2022 Dec;54(10):2627-2633.

Abstracts

1. Kim J., Kruper A.R., Zanoski S.C., Saeian K., Zimmerman, M.A., Hong, J.C., Liver Transplantation for Severe Alcoholic Hepatitis: A Single-Center Experience of a Pilot Transplantation Mental Health Program, American Association for the Study of Liver Diseases Emerging Trends Conference, Miami, FL, 01/2016
2. Hegarty, A., Price, JS, Zanoski, S.C., Hong, JC. Early Liver Transplantation in Severe Alcoholic Hepatitis: Role of Transplantation Mental Health. Accepted. Medical College of Wisconsin Research Day, September 2017.
3. Price, JS, Zanoski, S.C., Hong, JC. Neuropsychological Assessment Informed Intervention during Liver Transplantation Evaluation: A Case Report. Under Review. International Neuropsychological Society Annual Meeting 2018.