

CURRICULUM VITAE

Himanshu Agrawal MD

Associate Professor
Department of Psychiatry and Behavioral Medicine

OFFICE ADDRESS:

Tosa Center
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EDUCATION:

08/01/1995 - 02/01/2001 MBBS, Maulana Azad Medical College, New Delhi
09/2016 - 05/2024 Diploma in Psychoanalytic Training, Minneapolis, MN

POSTGRADUATE TRAINING AND FELLOWSHIP APPOINTMENTS:

07/01/2002 - 06/30/2006 Psychiatry Residency, Hennepin County Medical Center, Minneapolis, MN
07/01/2006 - 06/30/2008 Child and Adolescent Psychiatry Fellowship, University of Minnesota, Minneapolis, MN
09/2016 - 05/2024 Diploma in psychoanalytic training, Minnesota Psychoanalytic Institute, Minneapolis, MN

FACULTY APPOINTMENTS:

11/01/2016 - 2022 Assistant Professor, Psychiatry and Behavioral Medicine, Medical College of Wisconsin, Milwaukee, WI
11/01/2016 - 2022 Assistant Professor, Child and Adolescent Psychiatry, Children's Hospital of Wisconsin, Milwaukee, WI
2019 - 2023 Instructor, China American Psychoanalytic Alliance
2022 - Present Associate Professor, Child and Adolescent Psychiatry, Children's Wisconsin
2022 - Present Associate Professor, Psychiatry and Behavioral Medicine, MCW

ADMINISTRATIVE APPOINTMENTS:

2019 - Present Physician Champion, APP psychiatric training program, Internal Medicine and Psychiatry, MCW & Froedtert
2023 - Present Vice Chair of Well Being, Psychiatry and Behavioral Medicine, MCW

EDUCATIONAL ADMINISTRATIVE APPOINTMENTS:

2017 - 2022 Course director, Leadership (PGY4 residents), Department of Psychiatry and Behavioral Medicine, Medical College of Wisconsin
2017 - Present Course Director, "The History of Psychotherapy", PGY2 psychiatry residents, Psychiatry and Behavioral Medicine, MCW
2018 - 2021 Co-director, Psychiatry Clerkship, Psychiatry and Behavioral Health, Medical College of Wisconsin
2018 - 2020 Course Director, Multi-Disciplinary Case Conference, Health psychology residents & PGY3-4 Psychiatry residents, Psychiatry and Behavioral Medicine, MCW
12/2019 - 06/30/2020 Physician Program Director, Psychiatric NP residency, Psychiatry and Behavioral Medicine, MCW
2019 - Present Course Director, "Well Begun is Half Done - Beginning Psychotherapy", PGY2 psychiatry residents, Psychiatry and Behavioral Medicine, MCW
2020 - Present Course director, Med Improv Academic Enrichment Course, Department of Psychiatry and Behavioral Medicine, Medical College of Wisconsin

2020 - 2022 Site Director, APP Access Clinic, Tosa Center Psychiatry Clinics, Psychiatry and Behavioral Medicine, MCW

2020 - 2021 Course Director, M3/M4 Ambulatory Tele-Psychiatry Elective, MCW, Department of Psychiatry and Behavioral Medicine, MCW

2020 - 2023 Course director, Transition to Practice, PGY1-4, Department of Psychiatry and Behavioral Medicine, Medical College of Wisconsin

2020 - 2021 Site director, Tosa Center Psychiatry Clinics, Ambulatory Tele-Psychiatry Core Clerkship, Department of Psychiatry and Behavioral Medicine, MCW

2021 - 2023 Site Director, Tosa Center, M3 Psychiatry Core Clerkship, Psychiatry and Behavioral Medicine, MCW

2021 - Present Course Director, Basic Psychotherapy Skills for Future Physician, M4 Elective, MCW, Psychiatry and Behavioral Medicine, MCW

2023 - Present Faculty advisor, Operation Conversation for M1 and M2 students, MCW

HOSPITAL AND CLINICAL ADMINISTRATIVE APPOINTMENTS:

2016 Clinical Director, Maple Grove, Prairie Care, MN

2018 - Present Peer Support Leader, Supporting our Staff Program, Department of Psychiatry and Behavioral Medicine, Froedtert-MCW

07/01/2019 - Present Medical Director, Psychiatry and Behavioral Health Clinics at Tosa Center, Psychiatry and Behavioral Health, Medical College of Wisconsin

11/2019 - Present Director, Adolescent Mental Health Clinic, Tosa Center, Medical College of Wisconsin, Department of Psychiatry and Behavioral Medicine, MCW

2020 - Present Clinic Director, APP Access clinic, Tosa Center, MCW

HOSPITAL STAFF PRIVILEGES:

2013 - 2014 Hennepin County Medical Center, MN

2013 - 2015 Amery Regional Medical Center, Amery, WI

2013 - 2014 Regions Hospital, Saint Paul, MN

2014 - 2016 Prairie Care, MN

11/01/2016 - Present Froedtert West Bend, West Bend, WI

11/01/2016 - Present Froedtert Menomonee Falls, Menomonee Falls, WI

11/01/2016 - Present Froedtert Hospital, Milwaukee, WI

2019 - 2023 Rogers Memorial Hospital, WI

SPECIALTY BOARDS AND CERTIFICATION:

<u>Board Certified</u>	<u>Issue Date</u>	<u>Expiration</u>
Psychiatry	2007	2027
Child and Adolescent Psychiatry	2008	2027

<u>Certificates</u>	<u>Issued By</u>	<u>Issue Date</u>	<u>Expiration</u>
Mental Health First Aid Instructor Certificate	MHFA	2020	2023
Complicated Grief Therapy Training Certificate	Columbia University, NY	2021	None

AWARDS AND HONORS:

2005 - 2006 Chief Resident, Dept of Psychiatry, Hennepin - Regions Psychiatry Residency

2007 - 2008 Chief Fellow, Division of Child and Adolescent Psychiatry, University of Minnesota

2017 APsA Candidate Travel Grant, American Psychoanalytic Association

01/01/2018 - Present Distinguished Fellow, American Psychiatric Association

2018 Outstanding Medical student Teacher Award, Medical college of Wisconsin

2018 Jon Gudeman Golden Apple Teaching Award, MCW Psychiatry Residency

2020 - 2021 Liaison, Chicago Psychoanalytic Institute, American Psychoanalytic Association

2020 Nominated for MCW Professionalism Enrichment Award , MCW

2020 - 2021 Candidate in the Community Mentoring Program Award, American Psychoanalytic Association
 2020 Outstanding Medical student Teacher Award, Psychiatry, Medical College of Wisconsin
 2020 Outstanding Medical student Teacher Award, Art of Medicine through the Humanities (M4), Internal Medicine, Medical College of Wisconsin
 2020 Edward J. Lennon Endowed Clinical Teaching Award, MCW, Medical College of Wisconsin
 2021 Charles Kubly Community Service Award, Dept. of Psychiatry and Behavioral Medicine, MCW
 2021 Nominated for Mentor of the Year award, Dept. of psychiatry and behavioral medicine, MCW
 2021 Outstanding Medical student Teacher Award, Psychiatry, Medical College of Wisconsin
 2021 Readers Choice Award, Transformational Times (for 'fabulous failures'), Kern Institute, MCW
 2021 Spotlight Presentation, The Vicissitudes of Candidacy, APsaA National Conference, American Psychoanalytic Association Conference
 2021 Nancy C.A. Roeske, MD Certificate of Excellence in Medical Student Education, American Psychiatric Association
 2022 Nominated for Mentor of the Year award, MCW, Department of Psychiatry and Behavioral Medicine
 2022 Alpha Omega Alpha (Beta Chapter), MCW
 2022 MCP Lee A. Biblo Excellence in Professionalism Award, MCW
 2022 First place, Posters in Innovation category, Operation Conversation, IHER Symposium, 2022, MCW
 2022 Top Doctors, Milwaukee, Milwaukee Magazine
 2022 Outstanding Guest Instructor, School of Pharmacy, MCW
 2022 Above and Beyond Award, Department of Psychiatry and Behavioral medicine, MCW
 2022 Lead Judge (Posters in Category of Education), Advancement of Women in Science and Medicine (AWSM) Spring Symposium, MCW
 2023 Above and Beyond Award, Department of Psychiatry and Behavioral medicine, MCW

MEMBERSHIPS IN HONORARY AND PROFESSIONAL SOCIETIES:

2005 - Present American Psychiatric Association (Member)
 2007 - Present Indo-American Psychiatric Association (Life member)
 2007 - Present Minnesota Psychoanalytic Society and Institute (Member)
 2014 - 2016 American Psychoanalytic Association (Associate Member)
 2016 - Present American Psychoanalytic Association (Candidate Member)
 2016 - Present Wisconsin Psychiatric Association (Member)
 2017 - Present Association of Directors of Medical Student Education in Psychiatry (Member)
 2019 - Present China American Psychoanalytic Alliance (Member)
 2023 - Present International Association of Medical Science Educators (Member)

EDITORSHIPS/EDITORIAL BOARDS/JOURNAL REVIEWS:

Editorship
 2017 - 2021 Candidate Connection newsletter, American Psychoanalytic Association
 Ad-Hoc Reviewer
 2020 - Present Journal of the American Academy of Child and Adolescent Psychiatry
 2020 - Present Academic Psychiatry
 2020 - Present Cureus
 2021 - Present Primary care companion to CNS disorders
 2021 - Present Clinical & Translational Science Institute of Southeast Wisconsin
 2022 - Present BMC Pulmonary Medicine
 2023 - Present Schizophrenia Bulletin

LOCAL/REGIONAL APPOINTED LEADERSHIP AND COMMITTEE POSITIONS:

2002 - 2006 Member, Psychiatry Residency Training Committee, Hennepin County Medical Center, Minneapolis, MN
 2002 - 2006 Member, Psychiatry Resident Selection Committee, Hennepin County Medical Center, Minneapolis, MN
 2011 - 2013 Vice President, Northwest Passage Foundation, Northwest Passage
 2012 - Present Member, Website Committee, Minnesota Psychoanalytic Society and Institute
 2013 - 2018 Board Member, MPSI psychotherapy center board, Minnesota Psychoanalytic Society and Institute
 2013 - 2015 President, In A New Light Advisory Board, Northwest Passage

- 2018 - 2021 Board Member, Wisconsin Psychoanalytic Foundation, Wisconsin Psychoanalytic Institute
- 2019 - 2021 Board Member, Board of Directors, REDgen [Resiliency(R), education(E), and determined(D) to make a difference in the health of a new generation (gen)]
- 2019 - 2021 Member, Candidate Assessment and Development Committee, Minnesota Psychoanalytic Society and Institute
- 2020 - 2021 Student Advisor, Signposts Committee, REDgen
- 2020 - 2021 Member, Membership Committee, REDgen
- 2022 - Present Board Member, Minnesota Psychoanalytic Society and Institute
- 2022 - Present Member at large, Minnesota Psychoanalytic Society Executive Committee, Minnesota Psychoanalytic Society

NATIONAL ELECTED/APPOINTED LEADERSHIP AND COMMITTEE POSITIONS:

- 2017 - 2023 Member, Candidates' Council, American Psychoanalytic Association
- 2017 - Present Member, Candidates' Council Steering Committee, American Psychoanalytic Association
- 2020 - 2021 Member, Institute Advisory & Consultation Section (IACS), American Psychoanalytic Association
- 2020 - 2021 Member, Health Resources & Services Administration Advanced Nursing Education Nurse Practitioner Residency Work Group, Froedtert-MCW
- 2020 - 2021 Member, Governance Committee, American Psychoanalytic Association
- 2020 - Present Member, Membership Committee, American Psychoanalytic Association
- 2020 - 2022 Candidate Director-at-large, National Board of Directors, American Psychoanalytic Association
- 2021 - Present Member, Psychotherapy Caucus Training Advancement Initiative Committee, American Psychiatric Association
- 2021 - Present Member, Peer Groups committee, American Psychoanalytic Association
- 2021 - Present Chair, Medical Student Education Committee, American Psychoanalytic Association
- 2021 - 2023 President-elect, Candidates' Council, American Psychoanalytic Association
- 2021 - Present Senior Advisor, Psychotherapy Medical Student Interest Group, American Psychiatric Association
- 2021 - Present Member, Candidates' Council Executive Committee, American Psychoanalytic Association
- 2022 - 2023 Member, Expanded Membership Task Force, American Psychoanalytic Association
- 2022 - Present Advisor Alumni member, Leadership Committee, Asian Pacific Islander American Medical Student Association (APAMSA)
- 2023 - Present President, Candidates' Council, American Psychoanalytic Association
- 2023 - Present Member, Project 'Pathways to membership'subcommittee, American Psychoanalytic Association
- 2023 - Present Member, COTEP Psychoanalytic training subcommittee, American Psychoanalytic Association
- 2023 - Present Member, Commission on The Economics of Psychoanalysis (COTEP), American Psychoanalytic Association

INTERNATIONAL ELECTED/APPOINTED LEADERSHIP AND COMMITTEE POSITIONS:

- 2021 - 2023 Board member, China American Psychoanalytic Alliance
- 2022 Vice President of Operations, China American Psychoanalytic Alliance
- 2022 - 2023 Member, Admissions Committee, China American Psychoanalytic Alliance
- 2022 - Present Candidate Representative, Minnesota Psychoanalytic Institute, Candidates Committee, International Psychoanalytic Studies Organization
- 2023 Member, 2023 MIDCON conference organization committee, Maulana Azad Medical College Old Students Organization (MAMCOS)

RESEARCH GRANTS/AWARDS/CONTRACTS/PROJECTS:

Active

Peer Review

Title:	Emotion Regulation in Complicated Grief
Source:	NATIONAL INSTITUTE OF MENTAL HEALTH

Role & Effort: Co-investigator (5 % FTE for 2 years)
PI: Joseph Goveas, MD
Dates: 09/2021 - 09/2023

Title: Iyengar Yoga as a Probe of Prolonged
Grief Disorder Neurobiology
Source: Advancing a Healthier Wisconsin
Role & Effort: Co-Investigator
PI: Joseph Goveas, MD
Dates: 2021 - 2023
Direct Funds: \$250,000

Title: "10,000 Strong": MHFA Training for
Health Workforce Across Wisconsin to
Address Resiliency & Stigma
Source: Advancing a Healthier Wisconsin
Role & Effort: Principal Investigator
Dates: 2022 - Present
Direct Funds: \$197,000

Title: Operation Conversation
Source: Kern Institute TI2 grant
Role & Effort: Co-Investigator
PI: Molly Thapar, Omeed Partovi
Dates: 2022 - Present

Title: The HAAPIE Collaboratory: Enhancing
Cultural Intelligence through Trauma-
Informed Care in Caring for Asian
American, Native Hawaiian, and Pacific
Islanders (AANHPI's)
Source: Kern Institute's Collaboratories to
Transform Medical Education program
Role & Effort: Faculty Advisor
Dates: 2023 - Present
Direct Funds: \$100,000

Prior

Peer Review

Title: Academic, Community and Clinical
Practices Unite to Improve Mental
Health Readiness to Practice
Source: HRSA
Role & Effort: Co-Investigator
PI: Julie Raaum, DNP
Dates: 2019 - 2022
Direct Funds: \$1,700,000

Title: Training Mental Health First Aid:
Healthcare Students to Tackle Stigma
and Save Lives
Source: Kern Institute TI2 grant
Role & Effort: Co- Principal Investigator
PI: Himanshu Agrawal, MD and Kevin
Bozyski, PharmD
Dates: 2020 - 2021

Direct Funds:

\$5,500

INVITED LECTURES/WORKSHOPS/PRESENTATIONS:

National

- Agrawal H, Sad, Mad, Glad and Egad! Faces of mental health for the non-psychiatrist, Annual Medicine update, Maulana Azad Medical College Alumni Association of North America (MAMCOAANA) conference, New York City, NY, 2013
- Busch F, Gutman D, Agrawal H, Pharmacotherapy and Psychoanalysis, American Psychoanalytic Association National Meeting, New York, NY, 2018
- Agrawal H, Barry C, Sieck B, Stohs M, Takala C, Trost S, Teaching Motivational Interviewing To Trainees (Workshop), Association for Academic Psychiatry Annual Meeting, Milwaukee, WI, 2018
- Zeavin L, Nemeth A, Agrawal, H, Dreams in the time of COVID-19, American Psychoanalytic Association 109th Annual Meeting, Hosted Virtually, 2020 - Present
- Agrawal H, Abbasi A, Stout B, Moskowitz M, "Not that I'm a racist, But...": Working In The Realm Of Racial And Ethnic Dynamics, American Psychoanalytic Association National Meeting, Virtual, 2021
- Agrawal H, Friedman H, Drescher J, Kessler L, Co-chair, Experiencing the member list, APsA 110th Annual Meeting, Virtual, 2021
- Agrawal H, A trauma-informed look at the "Difficult" patient: practical strategies for Caregivers everywhere, National Association for Health Unit Coordinators (NAHUC) Educational seminar series, Milwaukee, 2022
- Agrawal H (Seminar Chair and presenter), Wise J, Galatzer-Levy R, The candidate at work, APsA 110th Annual Meeting, Boston, MA, 2022
- Agrawal H (Keynote speaker), The 4 secrets to being a successful AANHPI medical student and physician, 2023 National retreat, Asian Pacific American Medical Student Association, Chicago, IL, 2023
8. Abbasi A, Agrawal H, Cheng E, Thomas A, Rigling C, Rio Bistis Nadala C, Experiencing Othering and Minoritization in Psychoanalytic Training: A Frank Discussion, APsA 111th Annual Meeting, Held virtually, 2023

Regional

- Agrawal H, Common medications Psychiatrists prescribe to Children, Annual Minnesota School Psychologists Conference, Minneapolis, MN, 2006
- Agrawal H, Hepatitis C – Implications for Psychiatry, Health Partners Annual Psychiatry Update: Selected Topics for the Non-Psychiatrist, St. Paul, MN, 2006
- Agrawal H, Keynote speaker, "Take two of these and call yourself in the morning"- medications as part of comprehensive treatment, NWP 5th Annual Mental Health Conference, Siren, WI, 2008
- Agrawal H, Like Tylenol for Tumors- the role of medications in complex biopsychosocial situations, NWP 6th Annual Mental Health Conference, Siren, WI, 2009
- Agrawal H, The role of psychiatric medications during youth crisis, Youth and Family Crisis Assessment Conference, Eau Claire, WI, 2009
- Agrawal, H, Yanko, K, Frederickson, It takes one to talk about one- an introduction to personality disorders, Northwest Passage 7th Annual Mental Health Conference, Siren, WI, 2010
- Agrawal H, It's not 'just the facts Ma'am'- delivering comprehensive mental health treatment to juvenile delinquents, Wisconsin Juvenile Intake Annual Conference, Wisconsin dells, WI, 2010
- Agrawal H, Utilizing expressive arts in mental health treatment, Midwestern Regional NATSAP conference, Oakbrook Terrace, IL, 2011
- Agrawal H, Kites in the wind-Reactive Attachment Disorder, Barron County CST Conference, Barron, WI, 2011
- Agrawal H, Key Note Speaker, "In A New Light", Northeastern Regional NATSAP conference, Kennebunkport, Maine, 2011
- Agrawal H, Frederickson A, "If you make that face, it'll freeze that way" - Myths about Mental Health, Wisconsin Juvenile Intake Annual Conference, Wisconsin dells, WI, 2011
- Frederickson A, Agrawal H, "I'll be the death of me"- Assessing and Addressing Suicidal and Self-Injurious Behaviors in Adolescents, Wisconsin Juvenile Intake Annual Conference, Wisconsin dells, WI, 2012
- Agrawal, H, "I am Autism hear me roar! ", Minnesota Association for Children's Mental Health (MACMH), Duluth, MN, 2013
- Agrawal H, Psychiatric disorders in the classroom, Western Grant regional conference, Eau Claire, WI, 2013

Agrawal H, Keynote Speaker, A Goalie's Burden -Assessing Youth Suicide Risk using the 4P model, 17th Annual Crisis Intervention Conference, Stevens Point, WI, 2013

Agrawal H, Key Note Speaker Key Note Speaker, The neurobiology behind common psychiatric conditions in the school setting, Wisconsin Council of Administrators of Special Services, Wisconsin Dells, WI, 2014

Invited panelist, "Girls and sex" with Peggy Orenstein, Minnesota Psychoanalytic Society annual Fall conference, Minneapolis, MN, 2017

Agrawal H, Bornstein M, Once in 3 Blue Moons, Dream Analysis Seminar, Early Admissions Program, Michigan Psychoanalytic Institute, Virtual, 2017

Agrawal H, An Afternoon with The Breakfast Club, NAMI Wisconsin Annual Conference, Osthoff Resort, Elkhart Lake, WI, 2018

Agrawal H, Keynote speaker, Childhood and Adolescent Psychosis, Annual NAMI research dinner, Racine, WI, 2018

Agrawal H, Barry C, Sieck B, Stohs M, Takala C, Trost S, Motivational Interviewing, Adolescents and Marijuana, Wisconsin Society for Addiction Medicine Annual Conference, Madison, WI, 2019

Agrawal H, "What's in a name ? " A life time full of shame! -The history of Borderline Personality Disorder, Wisconsin Psychiatric Association Annual Conference, Elkhart Lake, Wisconsin, 2019

Agrawal H, Kassulke K, Facilitating Support Groups Virtually, Annual Symposium, Wisconsin Association of Independent Colleges and Universities, Virtual, 2020

Agrawal H, "Can you hear me now?!?..."- Practical tips for conducting medical student education on virtual platforms,, Annual Scientific Meeting, American College of Physicians (Wisconsin chapter), Virtual, 2020

Agrawal H, Substance use in 2020 by Youth, its correlation with Mental Health, and what to do about it, Prairiecare Education Series, Minneapolis, MN, 2020

Agrawal H, Integrating Psychotherapy while working with Psychiatry Residents, Faculty Development Series, MCW C.W. and N.E.W. Psychiatry Residencies, Virtual, 2021

Agrawal H, Integrating Psychotherapy while working with Psychiatry Residents- the sequel!, Faculty Development Series, MCW C.W. and N.E.W. Psychiatry Residencies, Virtual, 2021

Thorsen S, Agrawal H, Triumphs and tribulations of psychoanalytic training, Minnesota Psychoanalytic Society, Minneapolis, MN, 2021

Agrawal H, The many faces of ACES-The effects of adverse childhood events on biopsychosocial life events, Wisconsin Psychiatric Association Fall Conference, Wisconsin Dells, 2021

Agrawal H, "Seldom Grey": Working in the Realm of racial and ethnic dynamics, Minnesota Psychoanalytic Society and Institute, Virtual, 2021

Agrawal H, How to behave and look #LikeAProperMedicalStudent, American Medical Women's Association Midwestern (Region 7) Conference, Virtual, 2021

Local

Agrawal H, "If You're Spacey and You Know It Clap Your Hands" –An update on Adult ADHD, Department of Psychiatry Grand Rounds, Hennepin County Medical Center, Minneapolis, MN, 2005

Agrawal H, Psyche and Psychiatry-My experiences with the department of Chaplaincy, Department of Psychiatry Grand Rounds, Regions Hospital, Saint Paul, MN, 2006

Agrawal H, Common Psychiatric conditions in school, Workshop- Beaver Lake Therapeutic Elementary Education Program, Maplewood, MN, 2006

Agrawal H, Common medications psychiatrists prescribe, Workshop- Osseo School District Parent Support Group, Maple Grove, MN, 2007

Agrawal H, What to look for in a Speciality, Invited panelist, SPAN(Students interested in Psychiatry And Neurology), University of Minnesota Medical School, Minneapolis, 2008

Agrawal H, Minnesota not-so-Nice? A psychiatrist discusses road rage, Department of Psychiatry Grand Rounds, Regions Hospital, St. Paul, MN, 2008

Agrawal H, The Wiggly Worried Warrior, Amery School District Education Series, Amery, WI, 2012

Agrawal H, "Mary Jane to the Principal's Office please! " Substance use in schools, ISD 287 Winter Forum, Maple Grove, MN, 2015

The mental health of high school students, Invited panelist, Maple Grove Senior High School, MN, 2015

Agrawal H, Expressive Arts as a transformative tool, Prairie Care Educational Series, Minneapolis, MN, 2016

Agrawal H, Mental health- Youth at Risk, Workshop- National Alliance On Mental Illness(NAMI), Minneapolis, MN, 2016

Agrawal H, Gun Violence in USA and the accusations on the mentally ill, Psychiatry Grand Rounds, Medical College of Wisconsin, 2017

Agrawal H, "7.5 billion reasons why not!"- A psychiatrist's response to the Netflix series "13 reasons why", Psychiatry Grand Rounds, Medical College of Wisconsin, 2017

Agrawal H, "7.5 billion reasons why not"-An appeal to the community, 7th Annual Depression Recognition Day, Medical College of Wisconsin, 2017

Love you Zindagi- a panel discussion about mental health in south Asian immigrants, Invited panelist - Minneutsav 2017, Saint Paul, MN, 2017

Agrawal H, "7.6 billion reasons why not", Prairiecare Education Series, St. Paul, MN, 2018

Agrawal H, In a new light: Use of expressive arts for transformative process of troubled youth, Psychiatry Grand Rounds, Medical College of Wisconsin, 2018

Agrawal H, "Greg and Jenni": A case presentation, Minnesota Psychoanalytic Institute Fall Conference, Minneapolis, MN, 2018

Invited discussant - Psychiatry Student Interest Group's Night with Psychiatry, Medical College of Wisconsin, 2018

Agrawal H, Windsor K, Me(d) Too: Gender discrimination and harassment in Medicine, Pediatrics Grand rounds, Medical College of Wisconsin, 2018

Invited panelist- Family Medicine Student Association, Medical College of Wisconsin, 2018

Agrawal H, Windsor K, Me(d) Too: Gender discrimination and harassment in Medicine, Pediatrics Grand Rounds, Childrens Hospital Of Wisconsin, Milwaukee, WI, 2018

Agrawal H, The Worried, Woeful Warrior: Medications for Anxiety and Depression in Youth, Children's Hospital of Wisconsin Advanced Practice Nursing (APN) Annual Retreat, Milwaukee, WI, 2018

Agrawal H, Windsor K, Me(d) Too: Gender discrimination and harassment in Medicine, Psychiatry Grand rounds, Medical College of Wisconsin, 2018

Agrawal H, Addressing the stigma of mental health in the Asian & pacific islander community, Asian Pacific islander American Medical Student Association dinner, Medical College of Wisconsin, 2018

Agrawal H, Sorby J, Invited panelist, Professional 'Speed-mentoring', Psychiatry Student Interest Group Annual Dinner, Medical College of Wisconsin, 2019

Agrawal H, Discrimination against Asian -American health care providers, Asian Pacific Islander American Medical Student Association panel discussion, Medical College of Wisconsin, 2019

Agrawal H , Zaspel J, Trauma-informed story Time, Psychiatry Grand Rounds, Medical College of Wisconsin, 2019

Invited guest, "Men as Allies" panel discussion, MCW's Center for the Advancement of Women in Science and Medicine, Medical College of Wisconsin, 2019

Agrawal H, Eye rolls and Expletives- why is psychoanalysis a 4 letter word in 2019?, Psychiatry Grand Rounds, Medical College of Wisconsin, 2019

Agrawal H, Singing like yourself, Annual Psychiatry Residency Retreat, Milwaukee, WI, 2019

Moderator, Kaleidoscope MCW presents "Shattering the Stigma around Mental Health: A Panel Presentation", Medical College of Wisconsin, 2019

Agrawal H, Gender discrimination and harassment and Patient Harassment for Internal Medicine, Grand Rounds, Division of Cardiovascular Medicine, Medical College of Wisconsin, 2019

Agrawal H, A test you don't want to A.C.E.- The effects of adverse childhood events on health and lifestyle, Wisconsin Psychiatric Association Milwaukee Chapter dinner and discussion, Milwaukee, Wisconsin, 2019

Takala C, Agrawal H, Cohen A, "Would a Rose at Any Other Age Feel as Thorny? "The Controversy of Borderline Personality in Adolescence, Psychiatry Grand Rounds, Medical College of Wisconsin, 2019

Invited panelist, " Unbroken Glass", Minority Health Film Festival, Milwaukee, 2019

Agrawal H, "The breakfast Club" -Using the iconic film to assess risk for suicide, 8th annual Depression Recognition Day, Medical College of Wisconsin, 2019

Agrawal H, The effects of A.C.E (Adverse Childhood Experiences) on health and life opportunities, Prairiecare Education Series, Minneapolis, MN, 2019

Agrawal H, Gender discrimination and harassment in the world of Internal Medicine, Grand rounds, Division of Cardiology, MCW, 2020

Pacheco M, Agrawal H, "The sky is falling!...Or is that a hologram the government planted?"- The psychodynamics of a Pandemic, Psychiatry Grand Rounds, MCW, Virtual, 2020

Agrawal H, Shame and Stigma in the Academic Setting: Story-Sharing with a Bewildered Shrink, Student Engagement Task Force & the Office of Student Health and Wellness, MCW, , Student Engagement

Task Force & the Office of Student Health and Wellness, MCW, Virtual, 2020

Apps J, Koth K, Smith H, Agrawal H, Mentoring: Past, Present, and Future, Psychiatry Grand Rounds, MCW, 2020

Agrawal H, A Day in Bed- a Novel Idea in Medical Education, Ignite Session Presentation, Innovations in Healthcare Education Research (IHER) annual conference, MCW, Virtual, 2020

Agrawal H, "Serenity Now!" How to squeeze in wellness in our ridiculous days, Brown Bag Session, Department of Billing and Coding, MCW, 2020

Agrawal H, Gender discrimination and harassment in the world of Internal Medicine, Grand rounds, Department of Internal Medicine, MCW, Virtual, 2020

McElrath C, Agrawal H, "Just work it off..." Exploring Shame and Stigma in the Scientist's Work/Life Balance, Spotlight on Science, MCW, 2021

Bozymski K, Agrawal H, Schmidt M, Kuhn A, Bringing Mental Health First Aid to Pharmacy Students Through the TI2 Initiative, 2021 MCW Innovations in Healthcare Education Research (IHER) Conference, MCW, 2021

Agrawal H, Ferguson C, Knight J, Levas M, Anxiety, REACH panel discussion, MCW, 2021

Agrawal H, McElrath C, "Lion's heart, Hawk's eye, Lady's finger"-Exploring shame and stigma in the pediatric surgery work/life balance, Pediatric Surgery grand rounds, MCW, 2021

Thordsen S, Agrawal H, "This cape feels a little tight"-burnout in the practice of medicine at MCW, GIM Seminars and Faculty Development Series, MCW, 2021

Apps J, Agrawal H, Smith H, Adapting Mentoring During a Pandemic, Department of Psychiatry and Behavioral medicine Mentoring Committee Lunch and Learn, MCW, Virtual, 2021

Patitucci T, Riehle M, McElrath, Agrawal H, Corcoran K, Invited panelist, Wellness in Training, Spotlight on wellness, MCW, 2021

Agrawal H, Accommodations and ADHD, Adult ADHD Journal Club, MCW, 2022

Thordsen S, Agrawal H, "Even Cinderella is running out of chirpy songs"-addressing burnout in psychiatry and behavioral medicine at MCW and what to do about it,, Psychiatry Grand Rounds, MCW, 2022

Agrawal H, Putting the PERSON in PERSONality disorders – how to help 'difficult' patients/clients, Faculty development series, Bellin College, Green Bay, 2022

Thordsen SE, Agrawal H, Gender Equity in Pulmonary and Critical Care Medicine, Grand Rounds, Division of Pulmonary Care and Critical Care Medicine, MCW, 2022

Agrawal H, A child is being Aborted, Musings on Mortality, MCW Grief clinic journal club, MCW, 2022

Agrawal H, Giving and receiving formative feedback in the busy Intensive Care Unit using the T.H.A.N.K model (105-minute workshop), Division of Pulmonary and Critical Care Medicine Special seminar, MCW, 2022

32. McElrath C, Agrawal H, "Reprehensible but not illegal": preventing academic bullying, Spotlight on Science Series, MCW, 2022

Thordsen S, Yellowlees P, Cipriano D, Agrawal H, What to do about burnout in Psychiatry and Behavioral medicine- a Panel discussion, Psychiatry Grand Rounds, MCW, 2022

Agrawal H, Stigma, mental health, and the stigma surrounding mental health in the AAPI community, APAMSA Lunch and learn, MCW, 2022

30. Agrawal H, W, Utilizing the T.H.A.N.K. model to provide and receive formative feedback (90 minute workshop), Medical College Physicians APP fellowship didactic series, MCW, 2022

33. Smith H, Agrawal, H, New Faculty Orientation to Mentorship program, Department of Psychiatry and Behavioral Medicine, MCW, 2022

Agrawal H, How to help a peer through a panic attack using the S.O.S. method, Special workshop for radiology/interventional radiology peer support meeting, MCW, 2022

Agrawal H, Quinn K, The science behind seasonal affective disorder and winter Blues, Advancing a Healthier Wisconsin's coffee conversations with scientists, Milwaukee, 2022

Agrawal H, Supporting our students using the SOS model(2 workshops, 60 minutes each), Special seminar series for Learning Community Navigators, MCW, 2023

McElrath C, Agrawal H, Mental health, gender and stigma, Council for Women's Advocacy Lunch Discussion, MCW, 2023

Agrawal H, Giving and receiving formative feedback in the world of mental health using the T.H.A.N.K model, Psychiatry Grand Rounds, MCW, 2023

Agrawal H, Could we imagine a peer support 'Resource Center' at the Biomedical Resource Center? (75-minute workshop), Biomedical Research Center special seminar, MCW, 2023

Lepiavka E, Agrawal H, The Ravages of Enforced Disappearance: A Psychoanalytic Perspective of Traumatic

PEER REVIEWED WORKSHOPS/PRESENTATIONS:

International

Agrawal H, Lepiavka E, Flier N, Evolve or expire- is psychoanalytic training at a precipice?, 53rd Congress of the International Psychoanalytical Association, Cartagena, Colombia, 2023

National

Agrawal H, Barry C, Sieck B, Stohs M, Takala C, Trost S, Teaching Motivational Interviewing To Trainees, Association for Academic Psychiatry Annual Meeting, Milwaukee, 2018

Mintz D, Fox G, Klapheke M, Agrawal H, Psychotherapy Electives for medical students-Challenges and opportunities, Annual Conference, Association for Directors in Medical Student Education in Psychiatry, Austin, TX, 2022

Rothe E, Agrawal H, Utilizing Psychodynamic Principles to Teach Medical Professionalism to Medical Students Through an Innovative Curriculum, APsA 111th Annual Meeting, New York City, NY, 2023

Regional

Agrawal H, Barry C, Sieck B, Stohs M, Takala C, Trost S, Motivational Interviewing: Adolescents and Marijuana, Wisconsin Society of addiction Medicine Annual Conference, Madison, WI, 2019

COMMITTEE SERVICE:

Medical College of Wisconsin

2017 - Present Member, Psychiatry Residency Clinical Competency Committee, Psychiatry and Behavioral Health, Medical College of Wisconsin

2017 - 2021 Member, CEC Directors of Medical Student Education Subcommittee, MCW

2017 - 2020 Member, Depression Recognition Day Steering Committee, Psychiatry and Behavioral Health, Medical College of Wisconsin

2017 - 2021 Member, CEC Clerkship Director Subcommittee, MCW

2017 - Present Member, Psychiatry Residency Ranking Committee, Psychiatry and Behavioral Health, Medical College of Wisconsin

2018 - 2021 Member, Medical Student Education Committee, Psychiatry and Behavioral Health, Medical College of Wisconsin

2019 - Present Member, Departmental APT committee, Psychiatry and Behavioral Medicine, MCW

2019 - Present Member, Silver Cloud Escalation team, Psychiatry and Behavioral Health, Medical College of Wisconsin

2019 - 2022 Member, Mentoring Committee, Psychiatry and Behavioral Health, Medical College of Wisconsin

2019 - 2020 Member, MCW and Froedtert Hospital Behavior Health Strategic Plan Steering Committee, Psychiatry and Behavioral Health, Medical College of Wisconsin

2019 - 2022 Member, Psychiatry Residency Program Review Committee, Psychiatry and Behavioral Health, Medical College of Wisconsin

2020 - 2021 Member, Residency Virtual Recruitment Subcommittee, Department of Psychiatry and Behavioral Medicine, Medical College of Wisconsin

2020 - 2021 Member, CEC Curriculum Exploration Wellness Subcommittee, Medical College of Wisconsin

2020 - 2022 Member, Education Policy Committee, Department of Psychiatry and Behavioral Medicine, Medical College of Wisconsin

2020 - Present Member, MCW Spiritual Accommodations Committee, Medical College of Wisconsin

2020 - Present Member, Executive Leadership Committee, Department of Psychiatry and Behavioral Medicine, Medical College of Wisconsin

2021 - Present Adult ADHD clinic committee, Psychiatry and behavioral medicine, Medical College of Wisconsin

2021 - Present Member, Gender Harassment Mitigation committee (AWSM's WeWill campaign), Psychiatry & Behavioral Medicine, MCW

2021 - Present Grief Clinic committee, Psychiatry and Behavioral Medicine, Medical College of

Wisconsin

- 2021 - Present Advancement of Women in Science and Medicine (AWSM) Research Committee
- 2021 - Present Treatment Resistant Depression clinic committee, Psychiatry and behavioral medicine, Medical College of Wisconsin
- 2021 Member, Search Committee, Vice chair of Psychology, Psychiatry and Behavioral Medicine, MCW
- 2021 - Present Member, MCP Wellness Committee, MCW
- 2022 Search Committee, Milwaukee Psychiatry Residency Program Director, Medical College of Wisconsin
- 2023 - Present AWSM Women's History Month Symposium planning Committee
- Patient Safety Quality Leadership Committee, Psychiatry and behavioral medicine, Medical College of Wisconsin

Hospital

- 2018 - Present Department Peer Support Leader, Supporting our Staff Program, Froedtert Hospital
- 2019 - 2023 Member, Ambulatory Services Steering Committee, Froedtert Hospital & MCW
- 2019 - 2020 Co-chair, Behavioral Health Home Strategic Plan Work Group, Froedtert Hospital and Medical College of Wisconsin
- 2020 - Present Member, Behavioral Health Home Strategic Plan Work Group, Froedtert Hospital & MCW
- 2020 - Present APP Psychiatry Fellowship Admissions committee
- 2020 - Present Peer supporter Trainer, Supporting our Staff Program, Froedtert Hospital
- 2020 Member, Academic-Practice Advisory Council, HRSA grant, Internal Medicine & Psychiatry, Froedtert & MCW

EXTRAMURAL TEACHING:

Medical Student Education

- 2006 - 2008 University of Minnesota Medical School (M3), Instructor, Introduction to Psychotropic Medications
- 2006 - 2008 University of Minnesota Medical School (M3), Instructor, The Neuroanatomy of Psychiatry
- 2006 - 2008 University of Minnesota Medical school (M4), Instructor, Personality Disorders
- 2006 - 2008 University of Minnesota Medical school (M4), Instructor, Defense Mechanisms
- 2017 MCW (M2), Instructor, Ethics: Decision Making Capacity - Foundational Capstone 2 hour session
- 2018 - 2021 MCW (M3), The Three Amigos, 1 hour sessions, 6 sessions per year
- 2018 - 2021 MCW (M3), The Bell of Atri, 1 hour sessions, 6 sessions per year
- 2018 - 2021 MCW (M3), Students of the Mind, 1 hour sessions, 6 sessions per year
- 2018 - 2021 MCW (M3), Multi Disciplinary Case Conference, 1 hour sessions, 18 sessions per year
- 2018 - 2021 MCW (M3), Facilitator, Orientation to the Psychiatry Clerkship, 2 hour sessions, 6 sessions per year
- 2018 - 2021 MCW (M3), Quiz Show (Review of NBME style questions), 2 hour sessions, 6 sessions per year
- 2020 - 2021 MCW (M3, M4), Preceptor, Ambulatory Tele-Psychiatry rotation, Tosa Center Psychiatry Clinics
- 2020 - Present MCW (M4), "7.58 billion Reasons Why not!" A psychiatrist uses the Netflix series "13 reasons why" to explore vulnerabilities in medical school, 2 hour session once a year, Humanities in Medicine course
- 2021 - Present MCW (M3), Students of the Mind, 2 hour sessions, 12 sessions per year
- 2021 - Present MCW (M1, M2), Facilitator, Operation Conversation, 6 hours per semester, 3 semesters per year
- 2021 - Present MCW (M3), Preceptor, Psychiatry Core Clerkship rotation, Tosa Center Psychiatry Clinics
- 2021 - Present MCW (M1), Instructor, Navigating Panic Attacks, Bench to bedside course, 1.5 hours, 1 session yearly
- 2023 Disorders of sexual function, 30 minute online video module

Pharmacy Student Education

- 2021 - Present MCW (P1/P2), Instructor, Mental health First Aid Course, 11.5 hours every year

Graduate Student Education

- 2004 Augsburg College, Minneapolis, MN (Physician Assistant students), Instructor, Psychiatric Emergencies, 2 hour lecture
- 2006 University of Minnesota, Minneapolis, MN (Occupational Therapy students), Instructor, Introduction to Psychiatric Medications, 2 hour session
- 2019 - Present China American Psychoanalytic Alliance (Masters level Psychotherapists), Instructor, Termination of psychotherapy course, 75 min sessions, 4 sessions per year
- 2020 University of St. Thomas School of Social Work, Psychopharmacology for Social Workers (GRSW645: Psychopathology & Assessment), 3 hour recorded lecture

Resident and Fellow Education

- 2016 - 2019 MCW (M3, M4,PGY3,PGY5), Preceptor, Psychiatry Consultation Liaison, Froedtert Hospital (fellows, residents, med students), 1 week every month
- 2017 - 2020 MCW (PGY2), Instructor, Disruptive Behavior Disorders in youth, 1 hour lecture
- 2017 - Present MCW (PGY4), Facilitator, Leadership and Supervision, 1 hour sessions, 10 sessions per year
- 2017 - 2020 MCW (Child and Adolescent Psychiatry fellows), Chemical Use In Youth & Mental Health, 1 hour lecture
- 2017 - Present MCW (PGY2), The History of Psychotherapy, 1 hour sessions, 8 sessions per year
- 2017 - 2020 MCW (PGY3), Instructor, Tic disorders, 1 hour lecture
- 2017 - 2020 MCW (PGY3), Instructor, Somatic symptom disorders, 1 hour lecture
- 2017 - 2020 MCW (PGY3 and PGY4 psychiatry residents, health psychology residents), Facilitator-Multidisciplinary Psychodynamic Health Case Conference, 1 hour sessions, 9 sessions per year
- 2017 - Present MCW (PGY2, PGY4), Preceptor, Center for Consultative Academic Psychiatric Services (CCAPS) outpatient psychiatry clinic
- 2017 - Present MCW (2nd year Child & Adolescent Psychiatry fellows), The Road Ahead, 2 hour lecture
- 2018 MCW (PGY3), Instructor, College Mental Health, 1 hour lecture
- 2019 - Present MCW (PGY2), Well Begun is Half Done - Beginning Psychotherapy, 1 hour session, 7 sessions per year
- 2019 - 2020 MCW (PGY1-3), Facilitator, Resident support sessions, Community Memorial Family Medicine Residency, 1 hour sessions, 5 sessions
- 2020 MCW (PGY2), Instructor, Separation-Individuation, 1 hour lecture
- 2020 MCW (PGY2), Instructor, Oedipal and Latency stages, 1 hour lecture
- 2020 - Present MCW (PGY3), Transition to Practice- Starting the job hunt, 1 hour lecture
- 2020 - Present MCW (APP residents), Instructor, Mood Disorders, 1-hour lecture
- 2020 - Present MCW (APP residents), Instructor, Conducting and billing for psychotherapy during a medication management visit, 1-hour lecture
- 2020 - Present MCW (Addiction Psychiatry residents), Instructor, The Psychodynamics of Addiction, 1-hour lecture, yearly
- 2020 - Present MCW (APP residents), Instructor, The Bio-Psycho-Socio-Existential Formulation, 1-hour lecture
- 2020 - 2021 MCW (APP residents), Facilitator, Case Conference, 1 hour sessions, 4 sessions per year
- 2020 - Present MCW (PGY3), Transition to Practice- Malpractice, 1 hour lecture
- 2020 - Present MCW (APP residents), Instructor, Personality Disorders, 1-hour lecture
- 2020 - Present MCW (APP residents), Instructor, Sexual Disorders, 1-hour lecture
- 2020 - Present MCW (APP residents), Preceptor, APP Access Clinic, Tosa Center Psychiatry Clinics
- 2020 - Present MCW (PGY3), Transition to Practice- Documentation, 1 hour lecture
- 2021 - Present MCW (Health Psychology residents), Introduction to mood stabilizers and antipsychotics, 1 hour per year
- 2021 - Present MCW (Anesthesia Residents PGY1), "Not all residents wear capes..."- exploring shame and stigma in academic anesthesia, 1 hour, 2 sessions per year
- 2021 - Present MCW (Health Psychology residents), Introduction to antidepressants, benzodiazepines and stimulants, 1 hour per year
- 2021 - Present MCW (geriatric psychiatry fellows), Personality and Aging, 75 min lecture, yearly

Continuing Medical Education

- 2020 - Present MCW (APP certification students), Preceptor, Tosa Center Psychiatry Clinics Nurse Practitioner Psychiatry certification program, University of Milwaukee

Community/Lay Public

- 2007 River East Day Treatment School, Saint Paul, MN, "Common myths about mental health"
- 2018 - Present Carrol College(Undergraduate), Preceptor (shadowing),Tosa Center Psychiatry Clinics
- 2019 Waterford High School, Instructor, Connections class, 1 hour lecture

PROGRAMMATIC DEVELOPMENTS:

Educational Programs

Student

- 2018 Major revision, Brightspace curriculum for psychiatry clerkship (collaboration with Jason Burns, MD)
- 2020 Major revision, psychiatry clerkship curriculum (approximately 120 hours of new educational material) secondary to COVID-19 outbreak (collaboration with Jason Burns, MD & Jacqueline Schaefer)
- 2020 Developed innovative outpatient ambulatory tele-psychiatry elective for M3 and M4 medical students (in wake of COVID-19 outbreak)
- 2020 Developed innovative outpatient ambulatory tele-psychiatry rotation for M3 Core clerkship (in wake of COVID-19 outbreak)
- 2021 - Present Developed 4-week M4 elective, Psychotherapy skills for future physicians
- 2021 - Present Developed 8 hour curriculum M1-2 Academic enrichment course

Fellow

- 2017 - Present Developed new 12 hour course for child psychiatry fellows, The Road ahead (collaboration with Kathleen Koth, DO); revised 2019

Resident

- 2016 Developed new course and curriculum, Leadership and Supervision for PGY4 psychiatry residents, revised to Leadership in 2020
- 2017 - Present Developed new 10 hour course for senior psychiatry residents and health psychology residents , Multidisciplinary Psychodynamic Health Case Conference
- 2017 Developed new course and curriculum, History of Psychotherapy for PGY2 psychiatry residents
- 2019 Developed new curriculum for course, Well Begun is Half Done - Beginning Psychotherapy, PGY2 psychiatry residents
- 2020 Developed de-novo 12 month long clinical rotations spanning 9 sites across the enterprise (in collaboration with Judy Evenson, APNP)
- 2020 Designed de novo 200- hour didactic curriculum for APP residents (collaboration with Judy Evenson, APNP)

Community Programs

- 2020 Co-creator, Froedtert and MCW Virtual Peer Support Group (in response to COVID 19 outbreak)

COMMUNITY SERVICE ACTIVITIES:

- 2003 - 2008 Volunteer Participant, Big Brothers Big sisters of Minnesota
- 2009 - 2011 Volunteer, annual Northwest Passage Foundation golf scramble
- 2013 - 2016 Volunteer, Bollywood Dance Scene Twin Cities (Non Profit)
- 2014 Playwright, "Hi Hello Namaste"- community play addressing social issues affecting young offsprings of US immigrants
- 2015 Playwright, "Spicy Masala Chai"- community play addressing homophobia
- 2016 Playwright, "Bezubaan"- community play addressing islamophobia
- 2020 - 2021 Volunteer, COVID Vaccination clinic, Northcott Neighborhood House, Milwaukee
- 2020 Volunteer Facilitator, Administrative leaders Virtual Peer Support group, 8 weekly sessions
- 2020 Volunteer, Mask up MKE, MCW-Kern Institute
- 2020 Volunteer Facilitator, Administrative staff Virtual Peer Support group, 8 weekly sessions
- 2020 - Present Group Facilitator, Thrive Together support group for M2 students, MCW

MEDIA:

- 2017 "13 reasons why & teenage suicide" WDJT CBS news (TV interview)
- 2018 "School shootings and keeping schools safe"- WTMJ afternoon news(radio interview)
- 2018 "Road rage and aggressive driving" -WTMJ NBC nightly news (TV interview)
- 2018 "The mind games behind social media"- West Bend Daily News (newspaper interview)
- 2019 "The Science Behind Road Rage", Wisconsin Public Radio (radio interview)
- 2019 "Don't let winter fatigue take toll on you", WTMJ news(TV interview)
- 2020 Psychiatrist shares advice on understanding kids' mental health during back-to-school season, WTMJ news (TV interview)
- 2020 Psychology behind 'let-it-fly' and why it works, Milwaukee Sentinel Journal (newspaper interview)
- 2021 A Crisis of the Mind, Milwaukee Magazine (Interview), March 2021 issue
- 2021 'Sports high': Psychologist explains the chemical reaction that comes with a trifecta of wins, WTMJ4 news interview
- 2021 Mental health impact of United Nations International Day of Friendship, WBAY news (TV Interview)

BIBLIOGRAPHY

Refereed Journal Publications/Original Papers

1. Kroll KH, Larsen S, Lamb K, Davies WH, Cipriano D, deRoon-Cassini TA, **Agrawal H**, Pawar D, Owen J, Apps JN. Responding to the Psychological Needs of Health-Care Workers During the COVID-19 Pandemic: Case Study from the Medical College of Wisconsin. *J Clin Psychol Med Settings*. 2022 Mar;29(1):150-161. PMID: PMC8166374
2. **Agrawal H**. Never See an Adult Again. *Acad Psychiatry*. 2022 Feb;46(1):85-86.
3. **Agrawal H**, Saagar Manthan: The churning of the Great Ocean, *International Journal of Applied Psychoanalytic Studies*, 2022

Books, Chapters, and Reviews

1. **Agrawal H**, Men as Allies, Prevention of Burnout in Medicine, Dr. Brown Cares LLC publications, 2021
2. **Agrawal H**, Being Human in Medicine: We are Fabulous Failures, Character and Caring: A Pandemic Year in Medical Education, TEN16 Press (December 1, 2021)

Editorials, Letters To Editor, Other

1. Hernandez L, **Agrawal H**, The Mysterious Case of Missing Food from the Fridge: Sleep Eating on a Combination of Melatonin and Eszopiclone, *International Journal of Respiratory and Pulmonary Medicine*, 2021
2. **Agrawal H**. Letters of Recommendation: Wave the Waiving Away! *Acad Med*. 2021 May 01;96(5):615.
3. Tetzlaff J, Lomber G, Smith HM, **Agrawal H**, Siegel DH, Apps JN. Adapting Mentoring in Times of Crisis: What We Learned from COVID-19. *Acad Psychiatry*. 2022 Dec;46(6):774-779. PMID: PMC8880296
4. **Agrawal H**. USA. *Lancet Psychiatry*. 2022 Mar;9(3):198.
5. D'Eon MF, Waller J, Stacey A, Kelly C, Desmarais N, Debenbaum B, **Agrawal H**. Medical student stress, burnout, and workplace factors. *Can Med Educ J*. 2022 Sep;13(5):116-117. PMID: PMC9588182
6. Thalner S, **Agrawal H**. Withdrawal-Emergent Dyskinesia Related to Bzotropine: A Case Report. *WMJ*. 2023 May;122(2):143-145.
7. MCWKnowledge, Reimagining care: Himanshu Agrawal (May,2020)
8. **Agrawal H**, The SOS (Supporting our Staff) Program, *PSYCHED Quarterly newsletter Spring 2020*
9. **Agrawal H**, Fabulous Failures, *Transformational Times* (September 4,2020)
10. **Agrawal H**, The concept of 'Self-Care': Investing in my emotional well-being, *Healthy Living in Action, Wellness newsletter, May 2021*
11. **Agrawal H**, My Tryst with Shame and Stigma, *Transformational Times* (December 11,2021)
12. **Agrawal H**, "Only Everything Changed" -*PSYCHED Quarterly newsletter, summer 2021*
13. **Agrawal H**, I am Black, *Auscult magazine, MCW, 2021*
14. Bozyski K, **Agrawal H**, Mental Health First Aid Program: Continuing to Expand Throughout MCW, *Transformational Times* (December 3,2021)
15. **Agrawal H**, Trials and Tribulations of being a candidate, *The American Psychoanalyst, Winter 2022*
16. **Agrawal H**, Using the T.H.A.N.K. model to give and receive formative feedback, on the fly,

Transformational Times (March 4,2022)

17. MCW Knowledge, Two years later, MCW Reflects on COVID-19: Himanshu Agrawal
18. **Agrawal H**, "Why pursue psychotherapy?" -PSYCHED Quarterly newsletter, spring 2022
19. Lehrmann J, **Agrawal H**, Random acts of courage, Transformational Times (April 22,2022)
20. Bozyski K, **Agrawal H**, "10,000 Strong" -- The Quest to Train 10,000 Individuals in MHFA, Transformational Times (September 30,2022)
21. **Agrawal H**, If our EPIC EMR were a person....A perspective from an MCW Tosa Center outpatient mental health clinician, PSYCHED Quarterly newsletter, Winter 2022
22. **Agrawal H**, Taking care, taking charge or both? ,Transformational Times (January 13, 2023)
23. **Agrawal H**, "Later, Jesus..." Transformational Times (March 17,2022)
24. **Agrawal H**, Karmanye vaadhikaraste, Transformational Times (May 19,2022)
25. **Agrawal H**, "Excuse me?!" An immigrant's take on pro-life/pro-choice (Transformational Times (July 13,2022)
26. Luzum NR, **Agrawal H**. Budesonide Irrigation-Induced Mania in an Elderly Woman. Prim Care Companion CNS Disord. 2023 Sep 28;25(5).
27. Subramanian M, McAuliffe T, **Agrawal H**. Assessing Variability in Reporting Severity of the Same Symptom (Fatigue) in the Context of Different Psychiatric Syndromes. Cureus. 2023 Aug;15(8):e44112. PMID: PMC10518187
28. Le JT, Li XR, Huang CC, Dong X, **Agrawal H**. The correlation between perceived stress and skin-picking in medical students. J Psychosom Res. 2024 Apr;179:111651.
29. Le JT, McAuliffe T, **Agrawal H**, Cipriano D. Utilization of Mental Health Services by Medical College of Wisconsin Trainees. WMJ. 2024 Feb;123(1):39-42.
30. Bond Q, **Agrawal H**. Pharmacological tightrope: risperidone's balancing act in cri du chat syndrome. Discov Ment Health. 2024 Sep 10;4(1):35. PMID: PMC11387558

Non-Refereed Journal Publications/Original Papers

1. Strong Y, Flier ND, **Agrawal H**, Appealing Attributes, Appalling Obstacles, and Ideas on Increasing Interest in Psychoanalytic Training: Findings From a 2022 National Survey of Prospective Candidates, The American Psychoanalyst, Vol 5, Winter 2023

Abstracts

1. Papagiannopoulos B, **Agrawal H** , " Is there metaphorical meaning to the tender points of Fibromyalgia?" Poster presented at American Psychoanalytic Association's National meeting, New York City, 2019
2. Burns J, **Agrawal H**, "The Bio-Psycho-Social-Existential Pyramid: a novel tool for engaging medical students in multidimensional assessment", Poster presented at Annual ADMSEP National Conference, Portland, Maine, 2019
3. Lindeke S, Reiland H, **Agrawal H** "Psychiatry Clerkship Case Modules to Improve Student Confidence, Promote Resident-Student Interaction, and Increase Exposure to Mental Health Diagnoses"- accepted as an INNOVATIONS IN MEDICAL EDUCATION POSTER at ADMSEP National Conference, 2020
4. **Agrawal H**, Kuhn A, Impact of a virtual mental health First Aid elective course on stigma in first-year pharmacy students, poster presented at International Association of Medical science Educators Conference, 2021
5. **Agrawal H**, The Vicissitudes of Candidacy, Poster presented at American Psychoanalytic Association's National meeting, New York City, 2021
6. **Agrawal H**, "The Sponge: A Trauma- informed model to describe and discuss Borderline Personality Organization (and Disorder) with our trainees, other colleagues, our patients and their loved ones." poster presented as an INNOVATIONS IN MEDICAL EDUCATION POSTER at ADMSEP National Conference, 2021
7. Rehfeldt E, Nagavally S, **Agrawal H**, Thordsen SE, Where exactly is the Pipeline Leaking? Exploring the barriers in gender equity over time at a medical college in the Midwest, AWSM Spring Symposium, 2022
8. Thapar M, Partovi O, McGauley M, Gitter C, Zepeda JL, **Agrawal H**, Petroll A, Zehm A, Operation Conversation: Using a peer-led roleplay model to help pre-clinical medical students improve interpersonal skills and navigate difficult patient conversations, MCW IHER Symposium, 2022
9. McGauley M, Gitter C, Thapar M, Partovi O, Zepeda LC, **Agrawal H**, Petroll A, Zehm A, TI2 posters:

- Operation Conversation: A Peer-led Model to Improve Interpersonal Skills and Navigate Difficult Patient Conversations, MCW IHER Symposium, 2022
10. Anwer S, Liewen A, **Agrawal H**, Khan R, Gmehlin C, Martin C, Mohammed B, "COVID 19 and Grief: Assessing the Availability of Grief-related treatment in the Greater Milwaukee Community, Two Years into the Pandemic", Community Engagement Conference, MCW
 11. **Agrawal H**, "What Would Freud Do...today?" – Assessing the effectiveness of a curriculum designed to introduce the modern psychiatry resident to Sigmund Freud, APsA 111th Annual Meeting, New York City, New York, 2023
 12. Flier N, Strong Y, **Agrawal H** Appealing attributes, appalling obstacles, and ideas on increasing interest in psychoanalytic training: findings from a 2022 national survey of prospective candidates, APsA 111th Annual Meeting, New York City, New York, 2023
 13. Subramanian M, McAuliffe T, **Agrawal H**, Assessing Variability in Reporting Severity of the Same Symptom (Fatigue) in Context of Different Psychiatric Syndromes, Wisconsin Psychiatric Association annual conference, Madison, WI, 2023
 14. Nwosu C, **Agrawal H**, "WWFD in 2023?" a follow up study to measure the effectiveness of a curriculum designed to teach psychiatry residents about Sigmund Freud, International Association for Medical Sciences Education, Cancun, Mexico, 2023
 15. Thapar M, Partovi O, **Agrawal H** Using a peer led roleplay course to help pre-clinical medical students improve interpersonal skills and navigate difficult patient conversations, International Association for Medical Sciences Education, Cancun, Mexico, 2023
 16. Ray L, **Agrawal H**, Nelson K, Development of an Online Training Module to Prepare ABPN Clinical Skills Evaluation (CSE) Examiners in Child and Adolescent Psychiatry, 11th annual Metro Minnesota Council on Graduate Medical Education Quality Forum Conference, Minneapolis, MN (2023)