

## CURRICULUM VITAE

**Jennifer A. Zaspel MD**

**Assistant Professor  
Department of Psychiatry and Behavioral Medicine  
Division of Pediatric Psychiatry**

### OFFICE ADDRESS:

Children's Wisconsin - Milwaukee Hospital  
8915 W Connell Court  
Milwaukee, WI 53226

### EDUCATION:

09/2005 - 05/2009 BA Biology; Chemistry, Psychology, College of St. Catherine (now St. Catherine University), Saint Paul, MN  
08/2010 - 05/2014 MD, Medical College of Wisconsin, Milwaukee, WI

### POSTGRADUATE TRAINING AND FELLOWSHIP APPOINTMENTS:

07/2014 - 06/2017 Adult Psychiatry Residency, Department of Psychiatry and Behavioral Medicine, Medical College of Wisconsin, Milwaukee, WI  
07/2017 - 06/2019 Child and Adolescent Psychiatry Fellowship, Department of Psychiatry and Behavioral Medicine, Medical College of Wisconsin, Milwaukee, WI

### FACULTY APPOINTMENTS:

08/2019 - Present Assistant Professor, Department of Psychiatry and Behavioral Medicine, Medical College of Wisconsin

### ADMINISTRATIVE APPOINTMENTS:

12/2020 - Present Co-Director Resident Wellbeing Project, Department of Psychiatry and Behavioral Medicine, Medical College of Wisconsin, Milwaukee, WI

### HOSPITAL STAFF PRIVILEGES:

09/2016 - 09/2022 Physician, Psychiatric Crisis Services, Milwaukee County Behavioral Health Division, Milwaukee County Mental Health Complex, Milwaukee, WI  
08/2019 - Present Physician, Psychiatry and Behavioral Medicine, Child and Adolescent Psychiatry, Children's Hospital of Wisconsin, 8915 W Connell Ct, Milwaukee, WI 53226  
02/2022 - Present Physician, Psychiatry and Behavioral Medicine, Froedtert Memorial Lutheran Hospital, 900 N 92nd St, Milwaukee, WI 53226  
02/2022 - Present Physician, Psychiatry and Behavioral Medicine, Froedtert Menomonee Falls Hospital, W180 N8085 Town Hall Rd, Menomonee Falls, WI 53051  
02/2022 - Present Physician, Psychiatry and Behavioral Medicine, Froedtert West Bend Hospital, 3200 Pleasant Valley Rd, West Bend, WI 53095  
05/2023 - Present Physician, Psychiatry, Mental Health Emergency Center, 1525 N 12th St, Milwaukee, WI 53205

### SPECIALTY BOARDS AND CERTIFICATION:

<u>Board Certified</u>	<u>Issue Date</u>	<u>Expiration</u>
Adult Psychiatry Board Certification	09/24/2018	09/24/2028
Child and Adolescent Psychiatry	07/01/2019	07/01/2029

## Board Certification

<u>Certificates</u>	<u>Issued By</u>	<u>Issue Date</u>	<u>Expiration</u>
Basic Certificate in Quality & Safety	IHI Open School	06/2018	None
CTI Leadership Training	Children's WI	04/2021	None
Human Research - Basic Course	CITI Program	05/2022	05/2025
Basic Life Support	AHA	07/2022	07/2024
Marcus Crisis Prevention Program Tier 3	Children's WI	07/29/2023	None

<u>Licensure</u>	<u>Number</u>	<u>Issue Date</u>	<u>Expiration</u>
Federal DEA License - WI			05/31/2024
Unrestricted Wisconsin State License to Practice Medicine and Surgery			10/31/2023

## AWARDS AND HONORS:

2009 Phi Beta Kappa, National Honor Society  
2017 Above and Beyond Award, Medical College of Wisconsin Department of Psychiatry and Behavioral Medicine  
2018 AACAP Legislative Conference Travel Grant, American Academy of Child and Adolescent Psychiatry/Wisconsin Council of Child and Adolescent Psychiatry  
2018 AACAP Annual Meeting Travel Award, Wisconsin Council of Child and Adolescent Psychiatry  
2018 AACAP Education Outreach Program for Child and Adolescent Psychiatry Residents, American Academy of Child and Adolescent Psychiatry  
2019 Advocacy Fellow Ambassador Program, American Academy of Child and Adolescent Psychiatry/Wisconsin Council of Child and Adolescent Psychiatry  
2019 AACAP Passport Program Member, American Academy of Child and Adolescent Psychiatry  
2021 Medical Staff Continuous Service Award - Five Years, Milwaukee County Behavioral Health Division  
2021 Clinical Excellence Award, Medical College of Wisconsin Department of Psychiatry and Behavioral Medicine  
2021 Medical Staff President's Community Partners Award, Milwaukee County Behavioral Health Division  
2023 Anthony D. Meyer, MD Teaching Award, Medical College of Wisconsin Child and Adolescent Psychiatry Fellowship Program

## MEMBERSHIPS IN HONORARY AND PROFESSIONAL SOCIETIES:

Wisconsin Psychiatric Association (WPA)  
Wisconsin Council of Child and Adolescent Psychiatry (WISCCAP)  
American Academy of Child and Adolescent Psychiatry (AACAP)  
American Association of Emergency Psychiatry (AAEP)  
American Psychiatric Association (APA)

## EDITORSHIPS/EDITORIAL BOARDS/JOURNAL REVIEWS:

Journal Review  
01/31/2023 - Present Journal of Developmental & Behavioral Pediatrics

## LOCAL/REGIONAL APPOINTED LEADERSHIP AND COMMITTEE POSITIONS:

08/2010 - 05/2014 Member, Pathways Activity Liaison, American Medical Association – Medical Student Section, Medical College of Wisconsin  
08/2010 - 05/2014 Member, President, Lesbian, Gay, Bisexual, Transgender, and Partners in Medicine, Medical College of Wisconsin

07/2014 - 06/2017 Member, Recruitment Dinner Organizer, Residency Recruitment Committee, Medical College of Wisconsin, Department of Psychiatry and Behavioral Medicine

07/2018 - 06/2019 Fellow Representative, WISCCAP Executive Committee, Wisconsin Council of Child and Adolescent Psychiatry

07/2019 - 10/2020 Early Career Psychiatrist, WISCCAP Executive Committee, Wisconsin Council of Child and Adolescent Psychiatry

07/2019 - Present Contributor, Child and Adolescent Psychiatry Fellow Recruitment, Medical College of Wisconsin, Department of Psychiatry and Behavioral Medicine

07/2020 - 03/2021 Physician, subject matter expert, Milwaukee County Psych Crisis Design Workgroup, Children's Wisconsin

11/2021 - Present Member, Milwaukee County Suicide Death Review Commission, Medical College of Wisconsin

01/2022 - Present Member, Eastern Great Lakes (EGL) Pediatric Consortium for Disaster Response - Behavioral Health Workgroup, Assistant Secretary of Preparedness Response (ASPR)/FEMA 5

02/2022 - Present Member, Child and Adolescent Psychiatry Committee, American Association of Emergency Psychiatry

10/2022 - Present Treasurer, WISCCAP Executive Committee, Wisconsin Council of Child and Adolescent Psychiatry

## **RESEARCH GRANTS/AWARDS/CONTRACTS/PROJECTS:**

### **Prior**

#### **Peer Review**

Title:	Pre and Post Synaptic Structural Protein Changes in Chronic Pain
Source:	University of Wisconsin-Madison, Department of Anesthesiology
PI:	Vjekoslav Miletic
Dates:	2009 - 2010

#### **Non-Peer Review**

Title:	Post-Traumatic Stress Disorder and Complementary and Alternative Medicine
Source:	Medical College of Wisconsin and Clement J. Zablocki Veterans Affairs Medical Center, Department of Internal Medicine and Department of Behavioral Health
PI:	Jeffrey Whittle, MD, MPH
Dates:	11/2015 - 05/2017

## **INVITED LECTURES/WORKSHOPS/PRESENTATIONS:**

### **Local**

Lippitt J, "Resolution Writing and Advocacy for Medical Students.", MCW Pathways 2013 Scholarship Forum, 05/2013

Lippitt J, "Dead Like Me.", Wisconsin Psychiatric Association 2017 Annual Conference, Annual Resident Clinical Vignette Competition, 03/2017

Kim R, Moser B, Zaspel J, "Reducing Stigma and Creating Hope.", 7th Annual Depression Recognition Day, 10/2018

Zaspel J, Dunatov D, "Don't Call it Group Therapy! Developing a Resident Wellness Curriculum.", Psychiatry Grand Rounds, Medical College of Wisconsin, 03/2019

Zaspel J, Agrawal H, "Trauma-Informed Story Time.", Psychiatry Grand Rounds, Medical College of Wisconsin, 04/2019

Zaspel J, "Psychiatric Emergencies in the EDTC.", Pediatric Emergency Medicine Grand Rounds, Medical College of Wisconsin, 09/2019

Zaspel, J, A Familiar Case - Reviewing the Chart of an ED High Utilizer, Psychiatry and Behavioral Medicine Morbidity and Mortality, Medical College of WI, 01/06/2021  
Zaspel, J, Trauma Informed Care: Creating a Responsive and Resilient Culture, Peds Emergency Medicine Grand Rounds, Medical College of WI, 03/10/2021  
Zaspel J, Falwoksi S, Oster D, Phillips J, EDTC Provider De-escalation Training: An Introduction to Personal Safety and Strategic Communication in Treating Agitated Patients, Pediatric Emergency Medicine Grand Rounds, Medical College of Wisconsin, 05/11/2022  
Verpraskas S, Zaspel J, Agitation, Aggression, and Outbursts, Oh My!, Pediatric Housestaff Noon Conference, Children's Wisconsin, 05/17/2022

### **Regional**

Zaspel, J, ADHD: Beyond the Basics, Child Psychiatry Consultation Program Lecture Series, 11/09/2022

### **National**

Zaspel, J, Depression and Suicide Risk Assessment in Pediatric Emergency Medicine, Department of Pediatrics Grand Rounds, Cooper University Medicine, 02/03/2021  
Zaspel, J, Depression and Suicide Risk Assessment in Pediatric Emergency Medicine, Department of Emergency Medicine Grand Rounds, Cooper University Medicine, 08/19/2021  
Duncan A, Zaspel J, Patel R, Ihle E, Lee T, Scheid J, Children and Gun Violence During the Pandemic, AACAP 68th Annual Meeting, Virtual/Atlanta, GA, 10/27/2021  
Zaspel J, Thrasher T, Discussing Firearm Safety Across the Age Spectrum, AAEP 12th Annual National Update on Behavioral Health Emergencies (NUBE) Conference, Las Vegas, NV, 12/10/2021  
Hindman D, Schott M, Zaspel J, Children in Crisis: Analyzing Children's Hospital Association (CHA) Data on Pediatric Psychiatric Presentations, AAEP 13th Annual National Update on Behavioral Health Emergencies (NUBE) Conference, Scottsdale, AZ, 12/08/2022  
Zaspel J, Pediatrics-Law Enforcement Alliance for Youth: A Collaborative Approach to Caring for Patients with Law Enforcement Involvement, AAEP 14th Annual National Update on Behavioral Health Emergencies (NUBE) Conference, Las Vegas, NV, 12/06/2023  
Zaspel, J, Substance Use and Misuse in Adolescents, Society for Pediatric Urgent Care Webinar Series, Virtual, 02/15/2024

## **PEER REVIEWED WORKSHOPS/PRESENTATIONS:**

### **International**

Khan N, Hayder J, Wawrzyniak S, Zaspel J, Thomas D, O'Donnell E, Visotcky A, Optimizing pediatric patients' attainment of outpatient mental health services following emergency department care, Pediatric Academic Societies Meeting - Poster Session, Toronto, CA, 05/02/2024 - 05/06/2024

## **COMMITTEE SERVICE:**

### **Medical College of Wisconsin**

01/2022 - Present Member, Children's Specialty Group (CSG) Compensation Committee, CSG/Children's WI

### **Hospital**

05/2021 - 09/2022 Head of Committee, Medical Staff Health and Welfare Committee, Milwaukee County Behavioral Health Division

## **MEDICAL COLLEGE TEACHING ACTIVITIES:**

### **Medical Student Education**

10/2018 - 12/2018 Medical Student M2 Psychiatry Course, Enduring Educational Material and Test Question Development

03/2019 - 05/2019 Medical Student M3 Psychiatry Course, Study Resource and Question Bank Development

### **Resident and Fellow Education**

07/2017 - 06/2019 General Surgery Resident Wellness Course, Curriculum Development and Teaching - Quarterly Sessions  
 05/2019 - Present Adult Psychiatry Residency PGY-1 CAP Lecture Series - ADHD Psychopathology and Psychopharmacology  
 08/2019 - Present Resident Wellbeing Project (Supervision); Direct Lecture Series for General Surgery, Emergency Medicine, Internal Medicine  
 08/2019 - Present Adult Psychiatry Residency PGY-3 CAP Lecture Series - Eating Disorders  
 08/2019 - Present Adult Psychiatry Residency PGY-2 CAP Lecture Series - ADHD Assessment and Treatment  
 06/2020 - Present Pediatric Emergency Medicine Fellow Emergency Psychiatry Lecture Series  
 01/2021 - Present Child and Adolescent Psychiatry Fellow MEISE (Mechanisms, Elimination, Interaction and Side Effects) Lecture Series  
 09/2021 - Present Child and Adolescent Psychiatry Fellow Consultation/Liaison Lecture Series - Suicide Risk Assessment  
 05/2022 - Present Child and Adolescent Psychiatry Fellow Psychopathology Lecture Series - Eating Disorders  
 01/2023 - Present Pediatric Hospital Medicine Fellow Core Conference Series - Pediatric Depression and Suicide Risk Assessment, Agitation and Psychosis

## **PROGRAMMATIC DEVELOPMENTS:**

### **Clinical Programs**

01/2019 Medical College of Wisconsin, Department of Psychiatry and Behavioral Medicine, Department Wellness Policy  
 12/2020 Children's WI EDTC Agitation Management Guideline  
 12/2021 Children's WI EDTC ASQ Positive Screen Guideline

### **Community Programs**

04/2011 Wisconsin Medical Society policy on Discrimination in the Delivery of Health Care, amended pre-existing policy, passed House of Delegates  
 04/2011 Wisconsin Medical Society policy on Diversity Competency Training, passed House of Delegates  
 04/2012 Wisconsin Medical Society policy on Improving Prevention and Treatment of Excessive Alcohol Consumption, amended pre-existing policy, passed House of Delegates  
 04/2012 Wisconsin Medical Society policy on Support of Legal Right of Civil Marriage Between Any Two Consenting Adults, passed House of Delegates  
 03/2018 Brewcity Bruisers Travel Team Attendance Policy, updated  
 02/2019 Brewcity Bruisers Return to Eligibility Policy, updated  
 03/2019 Brewcity Bruisers Insurance, Liability, and Non-Compete Requirements Policy, updated

## **COMMUNITY SERVICE ACTIVITIES:**

03/2011 WMS DISTRICT 1 CAUCUS, Milwaukee, WI  
 04/2011 WMS ANNUAL MEETING, Madison, WI  
 01/2012 AMA REGION 2 MEDICAL STUDENT SECTION MEETING, Madison, WI  
 02/2012 AMA ADVOCACY DAY, Washington DC  
 03/2012 WMS DISTRICT 1 CAUCUS, Milwaukee, WI  
 04/2012 WMS ANNUAL MEETING, Madison, WI  
 10/2012 WMS LEGISLATIVE COMMITTEE MEETING, Madison, WI  
 03/2013 WMS DISTRICT 1 CAUCUS, Milwaukee, WI  
 04/2013 WMS ANNUAL MEETING, Madison, WI  
 03/2017 WMS DOCTOR DAY, Madison, WI  
 04/2018 AACAP LEGISLATIVE CONFERENCE, Washington DC  
 05/2019 WMS DOCTOR DAY, Madison, WI  
 05/2019 AACAP LEGISLATIVE CONFERENCE, Washington DC  
 01/2024 WMS Doctor Day, Madison, WI

**EXTRACURRICULAR ACTIVITIES:**

- 02/2011 - 03/2019 Member, BREWCITY BRUISERS, MILWAUKEE ROLLER DERBY  
05/2011 - 10/2013 Officiating Crew, BREWCITY BRUISERS, MILWAUKEE ROLLER DERBY  
06/2011 - 10/2013 Safety Committee, Member, BREWCITY BRUISERS, MILWAUKEE ROLLER DERBY  
10/2013 - 10/2015 BrewHaHa Tournament Planning Committee, Member, BREWCITY BRUISERS, MILWAUKEE ROLLER DERBY  
10/2013 - 08/2018 Skater, Member: Maiden Milwaukee, Travel Team, BREWCITY BRUISERS – MILWAUKEE ROLLER DERBY  
10/2013 - 10/2015 BrewHaHa Tournament Team Coordinator, BREWCITY BRUISERS, MILWAUKEE ROLLER DERBY  
10/2015 - 08/2016 Athletics Committee, Home Team Captain, BREWCITY BRUISERS – MILWAUKEE ROLLER DERBY  
06/2016 - 03/2019 Steering Committee, Member, BREWCITY BRUISERS, MILWAUKEE ROLLER DERBY  
06/2016 - 08/2018 BrewHaHa Tournament Planning Committee, Member, BREWCITY BRUISERS, MILWAUKEE ROLLER DERBY  
06/2016 - 03/2019 Safety Committee, Chair, BREWCITY BRUISERS, MILWAUKEE ROLLER DERBY  
08/2018 - 03/2019 Coach, Micro Bruisers Junior Skaters, BREWCITY BRUISERS, MILWAUKEE ROLLER DERBY

**BIBLIOGRAPHY****Refereed Journal Publications/Original Papers**

1. Miletic G, Sullivan K, Dodson A, Lippitt J, Schneider J, & Miletic V. (2011). Changes in the calcineurin message, enzyme activity and protein content in the spinal horn are associated with chronic constriction injury of the rat sciatic nerve. *Neuroscience*, 188, p142-7. PMID: 21596102.
2. Miletic G, Lippitt J, Sullivan K, & Miletic V. (2013) Loss of calcineurin in the spinal dorsal horn contributes to neuropathic pain, and intrathecal administration of the phosphate provides prolonged analgesia. *Pain*, doi: 10.1016/j.pain.2013.06.019.
3. Zaspel J, Kim R. (2022). All Three Stooges: A Review. *Journal of the American Academy of Child and Adolescent Psychiatry*. doi:10.1016/j.jaac.2022.03.001

**Books, Chapters, and Reviews**

1. Zaspel J, Kim R. Suicide and Suicide Attempts. In: Behrman RE, Kliegman R, Jenson HB, editors. *Nelson Textbook of Pediatrics*. Philadelphia: W.B. Saunders Co; submitted August 2021.
2. Zaspel J, Kim R. Childhood Psychoses. In: Behrman RE, Kliegman R, Jenson HB, editors. *Nelson Textbook of Pediatrics*. Philadelphia: W.B. Saunders Co; submitted August 2021.

**Editorials, Letters to Editor, Other**

1. Malas N, Hindman D, Mroczkowski M, Sanders R, Zaspel J. Updates in Pediatric Boarding: A Review of National Pediatric Boarding Consensus Panel Recommendations. Published September 25, 2023. <https://www.psychiatristimes.com/view/updates-in-pediatric-boarding-a-review-of-national-pediatric-boarding-consensus-panel-recommendations> ?

**Non-Peer Reviewed Educational Products**

1. Zaspel J. (Oct 2018) Quick facts about psychotropic pharmacokinetics. *News from the Child Psychiatry Consultation Program* (electronic newsletter).