

CURRICULUM VITAE

Katherine Copeland MD

Assistant Professor
Department of Medicine
Division of Medicine General Internal

OFFICE ADDRESS:

8701 Watertown Plank Road

Milwaukee, WI 53226

EDUCATION:

2011 - 2015 Bachelor of Science: Neuroscience, Minor: Gender and health, University of Michigan, Ann Arbor, MI

2016 - 2020 Doctor of Medicine, Michigan State University, College of Human Medicine, Lansing, MI

POSTGRADUATE TRAINING AND FELLOWSHIP APPOINTMENTS:

2020 - 2023 Internal Medicine-Primary Care Internship and Residency, Yale University School of Medicine, Yale New Haven Hospital, New Haven, CT

2021 - 2023 Point of Care Ultrasound Track, Completion of POCUS certificate for proficiency in internal medicine POCUS Applications: pulmonary, cardiac, IVC

2021 - 2023 Clinician Educator Distinction Pathway, Completion of Clinician Educator certificate including training on observation, feedback, and scholarship for clinician educators

2023 Clinical Teaching Development Course, Participant in adapted course from Stanford University including topics on learning climate, communication of goals, promotion of understanding and retention, evaluation, and feedback.

2023 Life Coach Certification, Certified through the Life Coach School for causal coaching including trauma informed coaching, imposter syndrome, emotion processing and self-confidence., The Life Coach School

01/24/2025 - 12/02/2025 ACP Physician Peer Coaching Program, American College of Physicians

FACULTY APPOINTMENTS:

06/2023 - 2024 Instructor in Medicine, Department of Internal Medicine, Yale Primary Care

ADMINISTRATIVE APPOINTMENTS:

07/01/2025 - Present Learning Communities Navigator, Medicine, Medical College of Wisconsin, 8701 W Watertown Plank Rd, Milwaukee, WI 53226

10/01/2025 - Present Associate Program Director, Medicine, Internal Medicine, Medical College of Wisconsin, 8701 Watertown Plank Road, Milwaukee, WI 53226

EDUCATIONAL ADMINISTRATIVE APPOINTMENTS:

06/2023 - 2024 Chief Medical Resident, Department of Internal Medicine, Yale Primary Care, Yale University School of Medicine, New Haven, CT

HOSPITAL STAFF PRIVILEGES:

2023 - 2024 Primary Care Physician, Cornell Scott Hill Health Center

2023 - 2024 Attending, Medical House staff Practice, Hypertension Clinic, Yale Primary Care Residency Program

2023 - 2024 Attending, Inpatient General Medicine Wards, Yale Primary Care Residency Program

SPECIALTY BOARDS AND CERTIFICATION:

<u>Board Certified</u>	<u>Issue Date</u>	<u>Expiration</u>
American Board of Internal Medicine	2023	None

<u>Certificates</u>	<u>Issued By</u>	<u>Issue Date</u>	<u>Expiration</u>
Certified Coach	The Life Coach School	12/19/2023	None

<u>Licensure</u>	<u>Number</u>	<u>Issue Date</u>	<u>Expiration</u>
State of Wisconsin	84054-20	2023	None

AWARDS AND HONORS:

12/16/2024 Faculty Development Award, Medical College of Wisconsin

MEMBERSHIPS IN HONORARY AND PROFESSIONAL SOCIETIES:

2019 - Present American College of Physicians (Member)

2024 - Present Society for Perioperative Assessment and Quality Improvement (Member)

RESEARCH GRANTS/AWARDS/CONTRACTS/PROJECTS:

Prior

Non-Peer Review

Title:	Building Trust and Equity in Internal Medicine Training Grant
Source:	Academic Board of Internal Medicine, the ABIM Foundation, the Alliance for Academic Internal Medicine, the American College of Physicians, and the Josiah Macy Jr. Foundation Award
Dates:	2022 - 2024
Direct Funds:	\$20,000

INVITED LECTURES/WORKSHOPS/PRESENTATIONS:

National

Fainstad T., Mann A., Kornswad K., Warde C., Dieujuste N., Copeland K., Physician Coaching to Decrease
Negative Trainee Outcomes: Navigating three evidence-based, frequent themes of trainee's stress,
Society of General Internal Medicine Annual Meeting, 2024

Amalia Lyons, Katherine Copeland, Navigating a Relationship: A Coaching Approach, ACP Missouri
Chapter Meeting, Osage Beach, MO, 09/12/2025

Regional

Brett Linzer, Amalia Lyons, Katie Copeland, Navigating Difficult Conversations, ACP Wisconsin Chapter
Meeting, Wisconsin Dells, 09/05/2025

Local

Katherine Copeland, Amalia Lyons, Professional Identity: Imposter Phenomenon, Internal Medicine Resident
Academic Half Day, Medical College of Wisconsin, 02/12/2025

Journal Club: Imposter Phenomenon in Physicians vs US workers, Journal Club, MCW, 03/26/2025 - Present
Katherine Copeland, Approach to Hypertension in the Outpatient Setting, Internal Medicine Resident Noon
Conference, MCW, 04/04/2025 - Present

Katherine Copeland, Devin Madenberg, Chi Zheng, POCUS in Primary Care: Vascular Assessment, Internal

Medicine Primary Care Academic Half Day, MCW, 05/14/2025
Katherine Copeland, Devin Madenberg, Chi Zheng, POCUS in Primary Care: Kidney, Gallbladder, Soft tissue, MSK, Internal Medicine Primary Care Academic Half Day, MCW, 05/21/2025
Katherine Copeland, MD, Navigating Failure, Academic Half-Day, Internal Medicine Residency, Medical College of Wisconsin, 01/21/2026 - Present
Brett Linzer, Katherine Copeland, Faculty Development Conference: Difficult Conversations, Learning Communities Navigator Faculty Development Session, Medical College of Wisconsin, 01/28/2026 - Present

PEER REVIEWED WORKSHOPS/PRESENTATIONS:

Regional

Copeland K., Donroe J., Barriers and Facilitators to Comprehensive POCUS Training in Internal Medicine, Connecticut American College of Physicians Scientific Meeting, Abstract Competition, 2022

Local

Copeland K., Donroe J., Point-of-care Ultrasound Superuser Track: An Analysis of Barriers and Facilitators to Participation and Completion., Yale University Department of Internal Medicine Research in Residency, 2023

Copeland K., Donroe J., Point-of-care Ultrasound Superuser Track: An Analysis of Barriers and Facilitators to Participation and Completion., Medical Education Day, Yale School of Medicine, 2023

COMMITTEE SERVICE:

Medical College of Wisconsin

07/01/2025 - Present Member, Clinical Competency Committee, Internal Medicine, Medicine, Medical College of Wisconsin

09/01/2025 - Present Member, Diversity, Equity and Inclusion, Internal Medicine, Medicine, MCW

Hospital

2020 - 2024 Wellness Committee, Yale Primary Care Residency Program

MCW TEACHING ACTIVITIES:

Resident and Fellow Education

05/21/2025 - Present Poster Judge-Resident QI Banquet

EXTRAMURAL TEACHING:

Medical Student Education

2017 - 2020 MSU College of Human Medicine - Academic Achievement Tutor, Peer tutor for USMLE Board exams. Required development of personalized study strategies and individualized teaching plans.

2021 - 2023 Note Reviewer, Yale School of Medicine, Review medical student history and physical exam notes and provide feedback

2021 - 2023 Simulation Teaching, Yale School of Medicine, Lead simulation teaching/case discussion for medical students

Resident and Fellow Education

2021 Yale Internal Medicine Residency Ambulatory Report, Hypocalcemia—a case of primary hyperparathyroidism complicated by social determinants of health

2022 Yale Internal Medicine Residency Program Consult Report, POCUS Approach to Hypoxia

2023 Yale Primary Care Internal Medicine Residency Noon Conference, Dysphagia with a twist—a case of amyloidosis

2023 Yale Primary Care Internal Medicine Residency Noon Conference, Community Acquired Pneumonia

2023 Pre-clinic Didactics, series on Hypertension, Lead pre-clinic educational lectures on topics in hypertension

Continuing Medical Education

2023 Medical Grand Rounds Case of the Week, Yale University Department of Internal Medicine, Neurosyphilis

2024 Medical Grand Rounds, Yale University Department of Internal Medicine, You Belong Here: Imposter Phenomenon in Medicine

Community/Lay Public

2018 Southfield Michigan - Biomedical Sciences Program, Providence Park Hospital, Course instructor and curriculum development including lectures, anatomy and microbiology labs and coordinating guest physician speakers

2021 - 2024 Director, Training and Curriculum-STEP-uHP, Facilitate scribe training and integration into clinic

OTHER MENTORING ACTIVITIES:

2021 - 2024 STEP-uHP (Service-Learning, Training & Enrichment Programs for Underrepresented Healthcare Professionals) Development of paid longitudinal mentorship and scribe-training program for underrepresented college students interested in careers in healthcare careers.

09/01/2025 - Present Resident Coaching Program Served as coach/mentor for residents including one-on-one coaching sessions around personal and professional goals, burnout, perfectionism and imposter phenomenon.

01/2026 - 06/2026 Faculty Development Book Club Participation

COMMUNITY SERVICE ACTIVITIES:

2016 - 2019 Pharmacy Assistance Program, Free Clinic Lansing Michigan

2024 - Present Physician Coach, Better Together Physician Coaching Community Service Volunteer coach for health professionals including residents, faculty, Advanced Practitioners and medical students