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CURRICULUM VITAE

Lara India MD

Associate Professor
Department of Anesthesiology

OFFICE ADDRESS:

9200 West Wisconsin Avenue

Milwaukee, WI 53226

EDUCATION:

08/01/2007 - 05/25/2011 Bachelor of Science with Honors, Johns Hopkins University, Baltimore, MD
08/01/2011 - 05/15/2015 Doctor of Medicine, Medical College of Wisconsin, Milwaukee, WI

POSTGRADUATE TRAINING AND FELLOWSHIP APPOINTMENTS:

07/01/2015 - 08/06/2019 Resident in Anesthesiology, Medical College of Wisconsin
01/01/2020 - 12/31/2020 Fellow in Hospice and Palliative Medicine, Medical College of Wisconsin
01/01/2024 - 12/31/2024 Leadership in Education Certification, Office of Educational Improvement, Medical College of Wisconsin
03/05/2025 - 02/28/2026 Distinguished Fellow in Perioperative Medicine, Society for Perioperative Assessment and Quality Improvement

FACULTY APPOINTMENTS:

08/15/2019 - 12/31/2019 Assistant Professor, Department of Anesthesiology, Clinical Division, Medical College of Wisconsin
01/15/2021 - Present Assistant Professor, Department of Anesthesiology, Clinical Division, Medical College of Wisconsin
01/15/2021 - Present Assistant Professor, Department of Internal Medicine, Geriatrics and Palliative Medicine Division, Medical College of Wisconsin

EDUCATIONAL ADMINISTRATIVE APPOINTMENTS:

11/24/2021 - Present Director of Medical Student Education, Department of Anesthesiology, Medical College of Wisconsin
02/22/2022 - 06/30/2023 Course Co-Director, Foundations of Clinical Medicine, School of Medicine, Medical College of Wisconsin
05/16/2022 - 10/20/2024 IV Placement and Airway Management for Eye Surgery M3 Course Director, School of Medicine, Medical College of Wisconsin
07/01/2022 - 06/30/2023 Early Clinical Learning Developer, School of Medicine, Medical College of Wisconsin
07/01/2023 - 09/30/2025 Early Clinical Learning Launch Course Director, School of Medicine, Medical College of Wisconsin
07/01/2024 - Present Obstetric Anesthesia M4 Elective Course Director, School of Medicine, Medical College of Wisconsin
01/01/2026 - Present Medical Director, Masters of Science in Anesthesia Program, Medical College of Wisconsin

HOSPITAL AND CLINICAL ADMINISTRATIVE APPOINTMENTS:

09/01/2022 - Present Anesthesiologist-in-Charge (daily coordinator of 45+ anesthesia team resources across 50+ anesthetizing locations), Department of Anesthesiology, Froedtert Hospital
04/15/2024 - Present Women in Anesthesiology, Local Chapter, Faculty Sponsor, Department of

Anesthesiology, Medical College of Wisconsin
10/01/2025 - 12/15/2025 Associate Division Director, Preoperative Optimization and Consultative Anesthesiology, Department of Anesthesiology, Medical College of Wisconsin
12/16/2025 - Present Division Director, Preoperative Optimization and Consultative Anesthesiology, Department of Anesthesiology, Medical College of Wisconsin

HOSPITAL STAFF PRIVILEGES:

08/15/2019 - 12/31/2019 Froedtert Memorial Lutheran Hospital, 9200 W. Wisconsin Avenue, Milwaukee, WI 53226
01/15/2021 - Present Froedtert Memorial Lutheran Hospital, 9200 W. Wisconsin Avenue, Milwaukee, WI 53226

SPECIALTY BOARDS AND CERTIFICATION:

Board Certified	Issue Date	Expiration
Anesthesiology	03/27/2021	12/31/2031
Hospice and Palliative Medicine	11/01/2022	12/31/2032

Licensure	Number	Issue Date	Expiration
Wisconsin License	66231-20	09/19/2016	10/31/2027

AWARDS AND HONORS:

05/01/2015 Walter Zeit Fellowship Award, Medical College of Wisconsin, School of Medicine
06/30/2021 Supportive Faculty Award, Medical College of Wisconsin, Department of Anesthesiology
09/27/2024 Edward J. Lennon Endowed Clinical Teaching Award, Medical College of Wisconsin, School of Medicine
06/09/2025 Fellow of the American Society of Anesthesiologists
06/21/2025 Excellence in Teaching Award, Medical College of Wisconsin, Department of Anesthesiology

MEMBERSHIPS IN HONORARY AND PROFESSIONAL SOCIETIES:

Society for Education in Anesthesia
American Society of Anesthesiologists
Directors of Clinical Skills Organization
American Academy of Anesthesiologist Assistants
Wisconsin Society of Anesthesiologists
Women in Anesthesiology
Society for Perioperative Assessment and Quality Improvement
American Academy of Hospice and Palliative Medicine

EDITORSHIPS/EDITORIAL BOARDS/JOURNAL REVIEWS:

Journal Review
01/01/2021 - 05/01/2025 Palliative Care Fast Facts

LOCAL/REGIONAL APPOINTED LEADERSHIP AND COMMITTEE POSITIONS:

10/01/2021 - 06/30/2023 Adjunct member, Quality Steering Committee, Department of Anesthesiology, Medical College of Wisconsin
05/03/2022 - 05/01/2023 Adjunct member, Froedtert Hospital, Pain and Comfort Committee, Medical College of Wisconsin
07/01/2023 - Present Elected representative, Chair's Advisory Council, Department of Anesthesiology, Medical College of Wisconsin
08/05/2023 - 06/30/2024 Adjunct member, Milwaukee Applicant Advisory Committee, School of Medicine, Medical College of Wisconsin
09/01/2023 - Present Adjunct member, Anesthesiology Core Residency Clinical Competency Committee, Department of Anesthesiology, Medical College of Wisconsin
07/01/2024 - 06/30/2027 Departmental alternate representative, Faculty Council, Medical College of

Wisconsin

07/01/2024 - 06/30/2025 Adjunct member, Medical School Admissions Committee, School of Medicine, Medical College of Wisconsin

07/01/2025 - Present Adjunct Member, Milwaukee Applicant Advisory Committee, School of Medicine, Medical College of Wisconsin

NATIONAL ELECTED/APPOINTED LEADERSHIP AND COMMITTEE POSITIONS:

10/13/2021 - 10/15/2025 Adjunct member, Committee on Palliative Care, American Society of Anesthesiologists

03/30/2023 - Present Committee on Medical Student Education, Society for Education in Anesthesia

10/18/2023 - 10/15/2025 Adjunct member, Committee on Ethics, American Society of Anesthesiologists

10/15/2025 - 10/18/2028 Vice Chair, Committee on Palliative Care, American Society of Anesthesiologists

INVITED LECTURES/WORKSHOPS/PRESENTATIONS:

International

Managing Difficult Conversations with Patients, Parents, and Colleagues, Co-Presenter, Multidisciplinary Grand Rounds, The Hospital for Sick Children, Toronto, Ontario, Canada, 01/26/2024

National

Optimal Perioperative Care for the Geriatric Patient, Co-Presenter, American Society of Anesthesiologists Annual Meeting 2022, New Orleans, LA, 10/23/2022

Eight is Enough: A Success Story of Rapid Practice Change to Meet Tidal Volume Process Measures, Co-Presenter, Anesthesia Quality and Patient Safety Meeting, Virtual, 07/14/2023

Safeguarding the Spirit: Strategies for Promoting Resilience in the Face of Serious Adverse Events, Presenter, Anesthesia Quality and Patient Safety Meeting, Virtual, 07/15/2023

Perioperative Communication - The Art of Managing Difficult Conversations, Co-Presenter, American Society of Anesthesiologists Annual Meeting 2023, San Francisco, CA, 10/14/2023

Using Applied Improvisation for Conflict Resolution, Co-Presenter, Society for Education in Anesthesia Fall Meeting, Chicago, IL, 11/02/2023

Physical Exam Skills Workshop, Co-Presenter, Directors of Clinical Skills Annual Meeting, Seattle, WA, 11/03/2023

Programmed Intermittent Intrathecal Bolus for Labor Analgesia in Parturient with Surgically Corrected Scoliosis, Co-Author, PostGraduate Assembly in Anesthesiology, New York, New York, 12/09/2023

Eight is Enough: A Success Story of Rapid Practice Change to Meet Tidal Volume Process Measures, Presenter, Institute for Healthcare Improvement Forum, Orlando, FL, 12/13/2023

Golden Opportunities in the Golden Years: Comprehensive Care for Geriatric Patients, Co-Presenter, American Society of Anesthesiologists Annual Meeting 2024, Philadelphia, PA, 10/21/2024

Using the Think-Aloud Method for Improving Self-Regulated Learning, Co-Presenter, Society for Education in Anesthesia Fall Meeting, Chicago, IL, 11/07/2024

Regional

Pain, Pain, Go Away: Pharmacologic Non-Opioid Pain Management Strategies, Presenter, Great Lakes Palliative Care Conference, Lake Geneva, WI, 05/06/2022

The Palliative Care Toolkit for Anesthesiologists, Presenter, Grand Rounds, Department of Anesthesiology, University of Nebraska Medical Center, Omaha, NE, 03/15/2023

Local

Palliative Care Essentials for the Anesthesiologist, Presenter, Grand Rounds, Department of Anesthesiology, Medical College of Wisconsin, Milwaukee, WI, 05/12/2021

Perioperative Anaphylaxis, Presenter, Morbidity and Mortality Conference, Department of Anesthesiology, Medical College of Wisconsin, Milwaukee, WI, 08/23/2023

The History and Future of Surgical Palliative Care, Presenter, Grand Rounds, Department of Urology, Medical College of Wisconsin, Milwaukee, WI, 12/01/2023

MCW TEACHING ACTIVITIES:

Medical Student Education

Operation Conversation, small group facilitator -- Elective Course for M1 and M2 Students, Dates: 9/30/2021, 11/11/2021, 12/02/2021, 1/20/2022, 2/17/2022, 3/24/2022, 10/4/2023, 11/9/2023

Delivering Difficult News Workshop, small group facilitator -- M3 Internal Medicine Clerkship, Dates: 9/17/2021, 11/21/2021, 1/21/2022, 3/18/2022, 9/8/2023, 11/17/2023, 1/26/2024

Graduate Student Education

Ethical and Legal Issues in Anesthesia -- Masters of Science in Anesthesia Core Curriculum, Dates: 11/19/2021, 6/6/2023

Cancer Pain Management -- Masters of Science in Anesthesia Core Curriculum, Dates: 10/9/2023

Anesthetic Considerations for Palliative and Terminally Ill Patients -- Masters of Science in Anesthesia Core Curriculum, Dates: 11/20/2024

Difficult Conversations in Anesthesia -- Masters of Science in Anesthesia Core Curriculum, Dates: 6/18/2025

Resident and Fellow Education

Goals of Care Communications Workshop, small group facilitator -- Emergency Medicine PGY-2 Residents' Academic Half-Day, Dates: 1/28/2021

Difficult Conversations in Anesthesia -- Anesthesia PGY-1 Residents' Introduction to Anesthesiology Lecture Series, Dates: 6/4/2025

Perioperative Pain Management -- Anesthesia PGY-1 Residents' Introduction to Anesthesia Lecture Series, Dates: 2/16/2022, 4/5/2023, 4/10/2024, 3/25/2025

Palliative Medicine for the Anesthesia Intern -- Anesthesia PGY-1 Residents' Professional Development Week, Dates: 8/24/2021, 10/11/2021, 8/11/2022, 9/28/2022

Palliative Medicine for the Intensivist -- Critical Care Anesthesia Fellows' Core Curriculum, Dates: 11/04/2022, 08/18/2023

Ketamine and Lidocaine Infusions -- Hospice and Palliative Medicine Fellows' Core Curriculum, Dates: 5/13/2022, 5/26/2023, 3/29/2024, 3/28/2025

Breaking Bad News Communications Workshop, small group facilitator -- Emergency Medicine PGY-1 Residents' Academic Half-Day, Dates: 7/21/2021

Interventional Pain Management -- Hospice and Palliative Medicine Fellows' Core Curriculum, Dates: 12/30/2022, 1/26/2024

Do Not Resuscitate in the Perioperative Period -- Anesthesia PGY-2 Residents' Core Curriculum, Dates: 12/27/2020, 12/08/2021, 1/11/2023, 6/4/2025

Anesthesia Emergencies: Difficult Airways -- Anesthesia PGY-3/4 Residents' Core Curriculum, Dates: 9/20/2023

Opioid Management for the Opioid Tolerant Individual, Anesthesia PGY-3/4 Residents' Core Curriculum, Dates: 9/20/2023

Non-Traditional Career Paths in Anesthesiology -- Anesthesia PGY-1 Residents' Professional Development Week, Dates: 8/15/2023, 9/19/2023, 8/15/2024, 9/24/2024, 8/20/2025

End-of-Life Care Case Discussion -- Anesthesia PGY-1 Residents' Introduction to Anesthesia Lecture Series, Dates: 5/22/2024

Preoperative Evaluation and Optimization -- Otolaryngology Residents' Core Curriculum, Dates: 9/9/2025

Non-Cancer Causes of Low Back Pain -- Hospice and Palliative Medicine Fellows' Core Curriculum, Dates: 1/14/2022, 3/29/2024, 3/28/2025

MCW STUDENTS, FACULTY, RESIDENTS AND CLINICAL/RESEARCH FELLOWS MENTORED:

Medical Students

12/01/2021 - Present Numerous medical students, Anesthesiology Residency Application Process, Medical College of Wisconsin

01/2023 - 04/2023 Celeste Pain, Regional Conference Presentation, Medical College of Wisconsin, Abstract submission and presentation at Midwest Anesthesia Residents Conference

01/2023 - 04/2023 Omeed Partovi, Regional Conference Presentation, Medical College of Wisconsin, Abstract submission and presentation at Midwest Anesthesia Residents Conference

04/2023 - 10/2023 Omeed Partovi, National Conference Presentation, Medical College of Wisconsin, Abstract submission and presentation at American Society of Anesthesiologists Annual Meeting 2023

01/01/2024 - 06/30/2025 Gabriel King, Scholarly Pathways Project Advisor, Medical College of

Wisconsin

Residents

01/2022 - 04/2022 Parth Patel, Regional Conference Presentation, Medical College of Wisconsin, Abstract submission and presentation to Midwest Anesthesia Residents Conference

07/01/2022 - Present Megan Vylonis, Core Residency Program Faculty Mentor, Medical College of Wisconsin

07/01/2023 - Present Evan German, Core Residency Program Faculty Mentor, Medical College of Wisconsin

07/24/2023 - Present Ryne Diamond, Core Residency Program Faculty Mentor, Medical College of Wisconsin

OTHER MENTORING ACTIVITIES:

09/26/2023 - Present Illinois Math and Science Academy Medical Society Mentor: provide mentorship to 4 high school sophomore and junior students per year through monthly evening Zoom sessions and guide each through an individualized medical-related research project

PROGRAMMATIC DEVELOPMENTS:

Educational Programs

Fellow

07/01/2023 - Present Hospice and Palliative Medicine Fellowship Board Review Curriculum

Resident

01/2021 - 01/2023 Anesthesia Core Residency Block Scheduling: Assisting the Core Residency Program Director in creation of 12-month rotation schedules for 60+ anesthesiology residents

Clinical Programs

11/2021 - 06/30/2022 Dept. of Anesthesiology Quality Goal 2022 Project Champion

Community Programs

09/23/2023 - Present Dept. of Anesthesiology Peer Support Referral Program

INVITED MEDIA APPEARANCES:

Local

Program: "Uniquely Milwaukee" Episode: "When Death is Part of What You Do" Source: "Radio Milwaukee" Available: https://radiomilwaukee.org/podcast/uniquely-milwaukee/2023-10-10/death-career-work, 10/10/2023

BIBLIOGRAPHY

Refereed Journal Publications/Original Papers

1. Top Ten Tips Palliative Care Clinicians Should Know Before Their Patient Undergoes Surgery. (Hadler R, India L, Bader AM, Farber ON, Fritz ML, Johnston FM, Massarweh NN, Pathak R, Sacks SH, Schwarze ML, Streid J, Rosa WE, Aslakson RA) J Palliat Med 2025 Jan;28(1):105-114 PMID: 39008413 SCOPUS ID: 2-s2.0-85198994917 07/15/2024 PlumX Metrics Article has an altmetric score of 6
2. Segal N, Metzger AK, Moore JC, India L, Lick MC, Berger PS, Tang W, Benditt DG, Lurie KG. Correlation of end tidal carbon dioxide, amplitude spectrum area, and coronary perfusion pressure in a porcine model of cardiac arrest. Physiol Rep. 2017 Sep;5(17). PMCID: PMC5599861

Books, Chapters, and Reviews

1. India, Lara (2024). Perioperative considerations for palliative and terminally ill patients. In Alaa Abd-Elsayed (Ed.) Perioperative Pain Management (pp. 287-295). Switzerland: Springer Cham.

Non-Refereed Journal Publications/Original Papers

1. India, Lara MD; Caldwell, Julie MD, MHA, CMQ, FABA. CMS Revises Guidelines on Informed Consent for Invasive Procedures and Sensitive Exams. ASA Monitor 88(9):p 29, September 2024. | DOI: 10.1097/01.ASM.0001050700.25042.a6
2. India, Lara MD; Batten, Jason N. MD, MA. In the Face of Suffering: Anesthesiologists' Moral Distress when Caring for Patients with Serious Illness. ASA Monitor 88(11):p 15-17, November 2024. | DOI: 10.1097/01.ASM.0001081528.97433.a9
3. Shearon, William J. BS; Goldstein, Peter A. MD; Hadler, Rachel A. MD; India, Lara R. MD; Eriator, Ike I. MD, MPH, MBA; Souter, Michael MBChB, DA, FRCA, FNCS. The Ethics of Ending: Anesthesiologists and the Complexities of Physician-Assisted Dying. ASA Monitor 88(11):p 20-21, November 2024. | DOI: 10.1097/01.ASM.0001081544.14406.58