

CURRICULUM VITAE

Paula Papanek PhD, MPT, LAT, FACSM

**Associate Professor & Director of Exercise Science
Department of Exercise Science & Physical Therapy**

OFFICE ADDRESS:

PO Box 1881

Milwaukee, WI 53201

BIBLIOGRAPHY

Refereed Journal Publications/Original Papers

1. Cleland BT, Papanek P, Ingraham BA, Harkins A, Garnier-Villarreal M, Woo D, Csuka ME, V Ng A. Determinants of low bone mineral density in people with multiple sclerosis: Role of physical activity. *Mult Scler Relat Disord*. 2020 Feb;38:101864.
2. Stolley MR, Sheean P, Matthews L, Banerjee A, Visotcky A, Papanek P, Woodley L, Flynn KE. Exploring health behaviors, quality of life, and support needs in African-American prostate cancer survivors: a pilot study to support future interventions. *Support Care Cancer*. 2020 Jul;28(7):3135-3143.
3. Forseth B, Papanek PE, Bandini L, Schoeller D, Moosreiner A, Sawin KJ, Zvara K, Fendrich M, Polfuss M. Feasibility and Acceptability of a Self-Report Activity Diary in Families of Children With and Without Special Needs. *Compr Child Adolesc Nurs*. 2019 Dec;42(4):293-303. PMID: PMC6915061
4. Ryan P, Brown RL, Csuka ME, Papanek P. Efficacy of Osteoporosis Prevention Smartphone App. *Nurs Res*. 2020;69(1):31-41. PMID: PMC7105101
5. Ryan P, Papanek P, Csuka ME, Brown ME, Hopkins S, Lynch S, Scheer V, Schlidt A, Yan K, Simpson P, Hoffman R, Striving to be Strong Team. Background and method of the Striving to be Strong study a RCT testing the efficacy of a m-health self-management intervention. *Contemp Clin Trials*. 2018 Aug;71:80-87.
6. Polfuss M, Sawin KJ, Papanek PE, Bandini L, Forseth B, Moosreiner A, Zvara K, Schoeller DA. Total energy expenditure and body composition of children with developmental disabilities. *Disabil Health J*. 2018 Jul;11(3):442-446. PMID: PMC6005723
7. Bialkowski W, Blank RD, Zheng C, Gottschall JL, Papanek PE. Impact of frequent apheresis blood donation on bone density: A prospective, longitudinal, randomized, controlled trial. *Bone Rep*. 2019 Jun;10:100188. PMID: PMC6297840
8. Ryan P, Weiss M, Papanek P. A Substruction Approach to Assessing the Theoretical Validity of Measures. *J Nurs Meas*. 2019 Apr 01;27(1):126-145.
9. Sheean P, Matthews L, Visotcky A, Banerjee A, Moosreiner A, Kelley K, Chitambar CR, Papanek PE, Stolley M. Every Day Counts: a randomized pilot lifestyle intervention for women with metastatic breast cancer. *Breast Cancer Res Treat*. 2021 Jun;187(3):729-741. PMID: PMC8206042
10. Tjoe JA, Piacentine LB, Papanek PE, Raff H, Richards J, Harkins AL, Yin J, Ng AV. Team triathlon effects on physiological, psychological, and immunological measures in women breast cancer survivors. *Support Care Cancer*. 2020 Dec;28(12):6095-6104.
11. Forseth B, Papanek PE, Polfuss ML. Feasibility and applicability of Evenson sedentary behavior cut points applied to children with and without intellectual and developmental disabilities. *Disabil Rehabil*. 2022 May;44(10):1996-2001. PMID: PMC7943654
12. Polfuss M, Forseth B, Schoeller DA, Huang CC, Moosreiner A, Papanek PE, Sawin KJ, Zvara K, Bandini L. Accuracy of body mass index in categorizing weight status in children with intellectual and developmental disabilities. *J Pediatr Rehabil Med*. 2021;14(4):621-629. PMID: PMC9105647
13. Haischer MH, Opielinski LE, Mirkes LM, Uhrich TD, Bollaert RE, Danduran M, Bement MH, Piacentine LB, Papanek PE, Hunter SK. Heart rate variability is reduced in COVID-19 survivors and associated

- with physical activity and fatigue. *Physiol Rep*. 2024 Jan;12(2):e15912. PMID: PMC10799199
14. Piacentine LB, Barbosa HC, Haglund KA, Opielinski LE, Hunter SK, Papanek PE, Hoeger Bement M, Johnson NL. Lived experiences of American adults who survive COVID-19: Implications for physical activity and interpersonal stress. *Fam Syst Health*. 2023 Sep;41(3):308-319.
 15. Korom B, Malloy M, Remmers C, Cevilla M, Dione K, Papanek P, Condit J, Nelson D. "It's about being healthy"; a novel approach to the socio-ecological model using family perspectives within the Latinx community. *BMC Public Health*. 2023 Jan 11;23(1):86. PMID: PMC9833868