

CURRICULUM VITAE

Rachel Ashworth MD

Assistant Professor
Department of Pediatrics
Division of Critical Care

OFFICE ADDRESS:

Children's Wisconsin - Milwaukee Hospital
8915 W Connell Court
Milwaukee, WI 53226

EDUCATION:

2004 - 2008 BA, University of Kansas, Lawrence, KS
2008 - 2012 MD, University of Kansas School of Medicine, Kansas City, KS

POSTGRADUATE TRAINING AND FELLOWSHIP APPOINTMENTS:

2012 - 2015 Resident, Pediatrics, St. Louis Children's Hospital, St. Louis, MO
2015 - 2016 Chief Resident, Pediatrics, St. Louis Children's Hospital, St. Louis, MO
2016 - 2019 Pediatric Critical Care Fellow, Pediatrics, Critical Care, Washington University School of Medicine, St. Louis, MO
2018 - 2019 Pediatric Critical Care Chief Fellow, Pediatrics, Critical Care, Washington University School of Medicine, St. Louis, MO
2019 - 2020 Hospice and Palliative Medicine Fellow, University of Kansas School of Medicine, Kansas City, MO

FACULTY APPOINTMENTS:

2015 - 2016 Pediatric Hospitalist, St. Louis Children's Hospital
2020 - Present Attending Physician, Pediatric, Critical Care, Children's Hospital of Wisconsin

HOSPITAL STAFF PRIVILEGES:

2020 - Present Assistant Professor, Pediatrics, Pediatric Critical Care and Palliative Medicine, Medical College of Wisconsin, Milwaukee, WI

SPECIALTY BOARDS AND CERTIFICATION:

<u>Board Certified</u>	<u>Issue Date</u>	<u>Expiration</u>
Pediatric Board Certification	2015	None
Pediatric Critical Care	2020	10/31/2023
Hospice and Palliative Medicine	2020	None

<u>Certificates</u>	<u>Issued By</u>	<u>Issue Date</u>	<u>Expiration</u>
Missouri Board of Registration for the Healing Arts		2015	None
ATLS		2017	2017
ACLS		2018	2018
PALS/BLS		02/2021	02/2025

<u>Licensure</u>	<u>Number</u>	<u>Issue Date</u>	<u>Expiration</u>
WI Medical License		2020	10/31/2023

AWARDS AND HONORS:

2008 - 2012 Harry F. and Christine H. Lose Scholarship
2010 Service to the Kansas City Community and Beyond Award, University of Kansas Academic Societies
2011 Alpha Omega Alpha Honor Medical Society
2012 Chief Resident Award, St. Louis Children's Hospital
2015 Partner in Caring, St. Louis Children's Hospital
2021 Outstanding Teacher of Full-Time Faculty, Residents High Five, Children's Wisconsin

MEMBERSHIPS IN HONORARY AND PROFESSIONAL SOCIETIES:

2011 - Present Alpha Omega Alpha (Member)
2012 - 2016 American Academy of Pediatrics (Member)
2016 - Present Society of Critical Care Medicine (Member)
2019 - Present American Academy of Hospice and Palliative Medicine (Member)

LOCAL/REGIONAL APPOINTED LEADERSHIP AND COMMITTEE POSITIONS:

2009 - 2010 Director of Physician and Community Relations,, Jay Doc Free Clinic, Kansas City, KS
2015 - 2016 Chief Resident, St. Louis Children's Hospital, St. Louis, MO
2015 Member, Evidence Based Practice Workshop, McMaster University, Ontario, Canada
2016 Member, Difficult Conversations Workshop, Institute for Professionalism and Ethical Practice, Boston Children's Hospital, Boston, MA

RESEARCH GRANTS/AWARDS/CONTRACTS/PROJECTS:

Prior

Peer Review

Title:	Prenatal Uterine and Umbilical Artery Dopplers
Source:	University of Kansas School of Medicine
PI:	Carl Weine, M.D.
Dates:	2009 - 2010
Title:	Decreasing Continuous Pulse Oximetry Use in Bronchiolitis, QI Project
Source:	Washington University School of Medicine
PI:	Chrissy Hrach, M.D
Dates:	2014 - 2015
Title:	Communication in Pediatric Oncology
Source:	Washington University School of Medicine
PI:	Jim DuBois, Ph.D
Dates:	2016 - 2017
Title:	Decision Regret in the Pediatric ICU
Source:	Department of Pediatrics, Division of Critical Care, Northwestern University Feinberg School of Medicine
PI:	Kelly Michelson, M.D.,
Dates:	2016 - 2019

INVITED LECTURES/WORKSHOPS/PRESENTATIONS:**National**

Difficult Conversations Workshop, Institute for Professionalism and Ethical Practice, Boston, MA, 2016
Ashworth, Rachel MD, Decision Regret in the Pediatric ICU, Pediatric Academic Societies Annual Meeting, Baltimore, MD, 04/2019

Ashworth R., Congenital Airway Obstruction: Helping Families Navigate the Complex Decisions Surrounding EXIT Procedures., American Academy of Hospice and Palliative Medicine Annual Assembly., Canceled due to COVID, 03/2020

International

Evidence Based Practice Workshop, McMaster University, Ontario, Canada, 2015

Ashworth R, Sorce L, Fragen P, Martinez E, Victorson DE, Alvarado V, Derrington S, Michelson K.,
Decisions faced and decision regret in the pediatric intensive care unit (PICU): parents' perspectives,
9th Congress of the World Federation of Pediatric Intensive & Critical Care Societies, Singapore, 06/2018

PEER REVIEWED WORKSHOPS/PRESENTATIONS:**Local**

Ashworth R., Congenital Airway Obstruction: Helping Families Navigate the Complex Decisions Surrounding EXIT Procedures., American Academy of Hospice and Palliative Medicine Annual Assembly, Canceled Due to Covid, 03/2020

COMMITTEE SERVICE:**Medical College of Wisconsin**

2021 - Present Member, Intern Selection Committee, Pediatric Residency Program, Medical College of Wisconsin

2022 - Present Member, Diversity, Equity and Inclusion Committee, Medical College of Wisconsin

Hospital

2021 - Present Member, Schwartz Rounds Planning Committee, Medical College of Wisconsin

2022 - Present Member, Professional Review Committee, Children's Wisconsin

MEDICAL COLLEGE TEACHING ACTIVITIES:**Resident and Fellow Education**

2022 Pediatric Residency - Simulation Communication Workshop

2022 Pediatric Hospitalist Fellowship -Facilitator, Procedural Simulation/Evaluation

2022 Pediatric Residency Program - Co-Leader, Palliative Care Retreat

EXTRAMURAL TEACHING:**Community/Lay Public**

2015 - 2016 St. Louis Children's Hospital, Facilitator, Communication Skills Lab

Medical Student Education

2015 - 2016 St. Louis Children's Hospital, St. Louis, MO, Lecturer, 3rd Year Medical Student Pediatric Rotation Curriculum

2020 - 2022 Children's Hospital of Wisconsin, Small Group Facilitator, M3 Winter Ethics Session

2021 - 2022 Children's Hospital of Wisconsin, Lecturer, End of Life Care in the Pediatric ICU, Critical Care Conference Series

Resident and Fellow Education

2015 - 2016 St. Louis Children's Hospital, Instructor, Pediatric Simulation Lab

2016 - 2019 Washington University School of Medicine, St. Louis, MO, Lecturer, Resident's Critical Care Medicine Lecture Series

COMMUNITY SERVICE ACTIVITIES:

- 2008 - 2012 JayDoc Free Clinic, Kansas City, KS Provided urgent care, screening tests, and well visits for the uninsured population under attending physician supervision, frequently using Spanish to communicate with the majority Hispanic patient population.
- 2008 - 2010 Cristo Rey High School, Kansas City Provided physician physical exams and clearance for sports participation for high school students. Organized booths with information about healthy living and available community services.

GLOBAL HEALTH ACTIVITIES:

- 2012 Manguzi Hospital, Manguzi, South Africa Worked in the pediatric ward and emergency unit in an HIV and TB endemic area of South Africa and wrote a review paper on prevention of mother-to-infant transmission of HIV in rural South Africa.
- 2015 Clinica Esperanza, Roatan, Honduras Provided well child exams, acute care, and occasional emergency services for pediatric patients. Spoke primarily Spanish.

BIBLIOGRAPHY**Refereed Journal Publications/Original Papers**

1. Sisk BA, Mack JW, Ashworth R, DuBois J. Communication in pediatric oncology: State of the field and research agenda. *Pediatr Blood Cancer*. 2018 Jan;65(1). PMID: PMC6902431